

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

Girls 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
Finals						
1		Eliza Welscher		Caledonia/S.G.	13.81	2 10
2		Abbie Disbrow	14.15	St. Charles	13.95	3 8
3		Claire Nichols		Cotter	14.03	2 6
4		Anna Whitford-Hawkins	14.04	La Crosse Central	14.07	3 4
5		Grace Gyllander	14.24	La Crosse Aquinas	14.08	3 2
6		Shelby Thicke		La Crosse Aquinas	14.21	1 1
7		Kloe Jore		Caledonia/S.G.	14.28	1
8		Kaitlyn Bieberdorf		RPH	14.45	2
9		Jaelyn Connaughty		RPH	14.49	1
10		Alyvia Eide	15.37	RPH	14.72	3
11		Alysha Heaney		Caledonia/S.G.	14.84	2
12		Jenna Scanlan		Caledonia/S.G.	15.23	1
13		Kaylee Streeton	14.54	La Crosse Central	15.26	3
14		Nora Fritcher	16.23	St. Charles	15.78	3
15		Joanna Rojas	16.67	St. Charles	15.79	2
16		Ava Blegen	15.24	La Crosse Central	16.07	3
17		Elaine Zehr		Cotter	17.52	1

Girls 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1		Lindsey Root	28.66	St. Charles	28.33	3 10
2		Grace Gyllander	28.74	La Crosse Aquinas	29.05	3 8
3		Kjersta Hinz		RPH	29.45	2 6
4		Ahnikah Wichelt	29.44	La Crosse Central	29.59	3 4
5		Piper Krenik	29.66	St. Charles	29.66	3 2
6		Kari Wynos	30.54	La Crosse Central	30.21	3 1
7		Alayna Helgemoe	30.93	RPH	30.55	3
8		Claire Nichols		Cotter	31.20	2
9		Haley Edwards	31.54	La Crosse Central	31.69	3
10		Cameryn Kruse		Caledonia/S.G.	32.14	1
11		Kennedy Kruse		Caledonia/S.G.	32.16	2
12		Jenna Scanlan		Caledonia/S.G.	32.47	2
13		Lakyn Rasmussen	34.77	RPH	33.81	2
14		Bethany Finnegan	34.50	Cotter	34.49	2
15		Haley Ardinger		Caledonia/S.G.	35.01	1
16		Marissa Capelli		La Crosse Aquinas	35.03	1
17		Stevie Bulman		Caledonia/S.G.	35.69	1

Girls 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1		Ahnikah Wichelt	1:06.24	La Crosse Central	1:07.43	2 10
2		Gabby Stowell	1:08.07	St. Charles	1:10.28	2 8
3		Aubry Strittmater	1:18.24	La Crosse Central	1:14.18	2 6
4		Megan Costello	1:15.88	Cotter	1:14.59	2 4
5		Amelia Torgerson		RPH	1:15.65	1 2
6		Jadeyn Rasmussen		RPH	1:15.99	1 1
7		Stefani Cardenas	1:29.17	Cotter	1:19.30	2
8		Arianna Tostonson		Caledonia/S.G.	1:21.70	1

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Girls 400 Meter Dash

9	Jaelyn Johnson	RPH	1:24.38	1
10	Haley Ardinger	Caledonia/S.G.	1:27.07	2
11	Alex Tostonson	Caledonia/S.G.	1:30.03	1

Girls 800 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Morgan	Arnold	Cotter	2:38.13	2:34.69	10
2	Aubrey	Williams	Cotter	2:38.92	2:35.38	8
3	Megan	Degenhardt	La Crosse Central	2:42.24	2:40.25	6
4	Ava	Wintin	La Crosse Central	2:43.24	2:41.73	4
5	Celia	Cole	St. Charles	2:54.99	2:42.69	2
6	Lauren	Honken	RPH		2:58.26	1
7	Therese	Jore	RPH	3:05.91	3:01.51	
8	Anna	Daood	St. Charles		3:04.17	
9	Heleyna	Kammell	La Crosse Central	3:00.24	3:06.38	
10	Leora	Smith	RPH	3:15.14	3:07.27	
11	Fatima	Mota	Cotter	3:22.07	3:08.65	

Girls 1600 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Lauren	Ping	Cotter	5:05.62	5:12.68	10
2	Grace	Ping	Cotter	5:05.63	5:13.29	8
3	Morgan	Arnold	Cotter	5:39.45	5:35.60	6
4	Aubrey	Williams	Cotter	5:41.99	5:44.36	
5	Jane	Pinkowski	La Crosse Central	5:42.24	5:48.36	4
6	Emily	Didier	RPH		6:24.96	2
7	Hannah	Linder	RPH	6:40.20	6:33.12	1
8	Grace	Buchanan	RPH		6:45.04	
9	Tori	Kittleson	St. Charles	6:47.79	6:56.79	
10	Olivia	Drath	St. Charles	7:46.14	7:41.68	

Girls 3200 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Lauren	Ping	Cotter		10:36.41	10
2	Grace	Ping	Cotter		10:52.52	8
3	Karlie	Meyer	La Crosse Aquinas		13:08.18	6
4	Kacy	Eckhardt	La Crosse Central	13:45.24	13:11.81	4
5	Angela	Ellis	La Crosse Aquinas		13:18.52	2
6	Eden	Winga	La Crosse Central	14:00.24	14:11.24	1
7	Giselle	Fisher	La Crosse Aquinas		14:20.07	

Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	Points	
1	Jaelyn	Connaughty	RPH	19.23	19.26	10
2	Shelby	Semling	RPH		21.90	8
3	Molly	Schultheis-Supa	La Crosse Central	18.34	22.14	6
4	Cora	Hansen	La Crosse Central	19.74	22.87	4

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Girls 100 Meter Hurdles

5 Leah Mundt	St. Charles	21.22	24.24	2
6 Alex Fisher	La Crosse Central	20.14	25.00	1

Girls 300 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Lilly Gyllander	La Crosse Aquinas		54.72	2	10
2 Shelby Thicke	La Crosse Aquinas		55.13	1	8
3 Brielle Rasmussen	RPH	57.95	55.93	2	6
4 Sera Speltz	Cotter		58.26	1	4
5 Ellie Glodowski	Cotter		1:00.34	2	2
6 Hailey Constanti	La Crosse Central	55.84	1:02.63	2	1
7 Leah Mundt	St. Charles	1:05.78	1:08.86	2	
8 Grace Menke	Cotter		1:09.34	1	

Girls 4x100 Meter Relay

School	Seed	Finals	Points
1 Rushford-Peterson/Houston	54.52	54.04	10
1) Kjersta Hinz			
2) Kaitlyn Bieberdorf			
3) Alyvia Eide			
4) Allison Papenfuss			
2 Caledonia/Spring Grove		54.94	8
1) Alysha Heaney			
2) Kloe Jore			
3) Eliza Welscher			
4) Alexis Schroeder			
3 La Crosse Central		56.67	6
1) Kaylee Streeton			
2) Izabella Pigorsch			
3) Kari Wynos			
4) Anna Whitford-Hawkins			
4 Cotter	58.40	58.27	4
1) Claire Nichols			
2) Sera Speltz			
3) Ellie Glodowski			
4) Megan Costello			
5 St. Charles	57.61	1:00.86	2
1) Ashley Paul			
2) Maria Dorrnsoro			
3) Leslie Gasca			
4) Abbie Disbrow			
6 Cotter 'B'	1:05.90	1:04.21	
1) Bethany Finnegan			
2) Amaiya Kauphusman			
3) Rita Row			
4) Elaine Zehr			
-- La Crosse Central 'B'	54.94	DNF	baton drop 2 to 3
1) Ava Blegen			
2) Cora Hansen			
3) Alex Fisher			
4) Grace Dickman			

Girls 4x200 Meter Relay

School	Seed	Finals	Points
1 St. Charles	1:54.80	1:54.02	10
1) Abbie Disbrow			
2) Piper Krenik			
3) Antonia Smith			
4) Lindsey Root			
2 Rushford-Peterson/Houston	1:59.52	1:58.83	8
1) Alayna Helgemoe			
2) Jenny Albrecht			
3) Emma Geiwitz			
4) Jaelyn Connaughty			
3 La Crosse Central	1:59.24	1:59.55	6
1) Emma Ehlers			
2) Julia Gasper			
3) Libby Mickelson			
4) Anna Whitford-Hawkins			

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Girls 4x200 Meter Relay

4 La Crosse Central 'B'	2:00.24	2:05.01	
1) Elyssa Marsolek	2) Caylee Nieman		
3) Grace Dickman	4) Kari Wynos		
5 St. Charles 'B'		2:10.85	
1) Ashley Paul	2) Leslie Gasca		
3) Maria Dorrnsoro	4) Gabby Stowell		
6 Caledonia/Spring Grove		2:12.64	4
1) Jenna Scanlan	2) Alex Tostonson		
3) Arianna Tostonson	4) Harlie Tostonson		
7 Cotter	2:25.00	2:18.59	2
1) Amaiya Kauphusman	2) Bethany Finnegan		
3) Elaine Zehr	4) Rita Row		

Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 La Crosse Central	4:30.24	4:33.35	10
1) Jane Pinkowski	2) Libby Mickelson		
3) Ava Wintin	4) Megan Degenhardt		
2 Cotter	4:53.00	4:57.40	8
1) Megan Costello	2) Ellie Glodowski		
3) Sera Speltz	4) Amaiya Kauphusman		
3 La Crosse Central 'B'		5:01.94	
1) Julia Polema	2) Macy Heath		
3) Elyssa Marsolek	4) Caylee Nieman		
4 Rushford-Peterson/Houston	4:24.12	5:11.96	6
1) Alayna Helgemoe	2) Jayden Serres		
3) Lakyn Rasmussen	4) Jadeyn Rasmussen		

Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 St. Charles	12:15.78	12:00.36	10
1) Anna Daood	2) Olivia Drath		
3) Tori Kittleson	4) Celia Cole		
2 La Crosse Central	12:00.24	12:12.49	8
1) Julia Polema	2) Macy Heath		
3) Jada Johnson	4) Lydia Wilson		
3 Cotter	13:00.00	12:39.15	6
1) Jessica Beguin	2) Kirsten Cranor		
3) Stefani Cardenas	4) Grace Menke		

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Kjersta Hinz	RPH	4-08.00	4-06.00	1.37m 10
2 Elyssa Marsolek	La Crosse Central	4-04.00	4-06.00	1.37m 8
3 Kaitlyn Bieberdorf	RPH	4-04.00	4-04.00	1.32m 6
4 Hailey Constanti	La Crosse Central	4-02.00	4-04.00	1.32m 3
4 Jayden Serres	RPH	4-04.00	4-04.00	1.32m 3
5 Maria Dorrnsoro	St. Charles		4-04.00	1.32m 0.50
5 Leah Mundt	St. Charles	4-06.00	4-04.00	1.32m 0.50

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Girls High Jump

8 Arianna Tostonson	Caledonia/S.G.	4-02.00	1.27m
9 Harlie Tostonson	Caledonia/S.G.	4-02.00	1.27m

Girls Pole Vault

Name	Year School	Seed	Finals	Points
1 Emma Geiwitz	RPH	6-06.00	7-00.00	2.13m 9
1 Hailey Alfson	RPH	7-02.00	7-00.00	2.13m 9
3 Nora Fritcher	St. Charles	6-00.00	6-06.00	1.98m 5
3 Jadeyn Rasmussen	RPH	7-00.00	6-06.00	1.98m 5
5 Emma Ehlers	La Crosse Central	6-06.00	6-00.00	1.82m 2
6 Esme Brekke	La Crosse Central	5-00.00	6-00.00	1.82m 1
-- Ava Schively	La Crosse Central		NH	

Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Abbie Disbrow	St. Charles	16-11.00	16-07.00	5.05m 10
2 Lindsey Root	St. Charles	16-05.50	16-01.00	4.90m 8
3 Claire Nichols	Cotter	15-08.25	15-03.00	4.64m 6
4 Kaitlyn Bieberdorf	RPH		15-02.00	4.62m 4
5 Arianna Tostonson	Caledonia/S.G.		14-04.50	4.38m 2
6 Julia Gasper	La Crosse Central		13-09.00	4.19m 1
7 Jane Pinkowski	La Crosse Central		13-09.00	4.19m
8 Sera Speltz	Cotter	13-02.00	13-06.00	4.11m
8 Jenna Scanlan	Caledonia/S.G.		13-06.00	4.11m
9 Megan Degenhardt	La Crosse Central		13-06.00	4.11m
11 Alyvia Eide	RPH	9-01.00	13-02.00	4.01m
12 Maria Dorrnsoro	St. Charles	12-10.50	12-05.00	3.78m
13 Lakyn Rasmussen	RPH		10-03.00	3.12m
-- Amaiya Kauphusman	Cotter	11-04.00	FOUL	

Girls Triple Jump

Name	Year School	Seed	Finals	Points
1 Julia Gasper	La Crosse Central		31-02.00	9.49m 10
2 Hailey Alfson	RPH	29-00.00	29-11.00	9.11m 8
3 Kari Wynos	La Crosse Central		28-10.00	8.78m 6
4 Grace Dickman	La Crosse Central		27-07.00	8.40m 4
5 Megan Costello	Cotter	26-11.50	27-02.00	8.28m 2

Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Kaleah Davis	RPH	34-02.00	32-01.00	9.77m 10
2 Triniti Gbala	St. Charles	29-02.00	28-05.00	8.66m 8
3 Jenny Albrecht	RPH	26-02.00	26-11.00	8.20m 6
4 Jenna Morris	La Crosse Central	27-01.00	25-11.00	7.89m 4
5 Jane Weisbrod	La Crosse Aquinas	27-00.00	25-05.00	7.74m 2
6 Liz Jandt	RPH	24-05.75	24-10.00	7.56m 1
7 Abby McCreedy	St. Charles	24-07.25	24-01.00	7.34m

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Girls Shot Put

8	Mari Stafslieen Dumale	La Crosse Central	29-00.00	24-00.00	7.31m
9	Ava McClain	La Crosse Aquinas	27-02.00	23-09.00	7.23m
10	Kirsten Cranor	Cotter	23-00.00	23-03.00	7.08m
11	Emma Scott	La Crosse Central	26-02.00	21-07.00	6.57m
12	Rita Row	Cotter	19-01.00	20-01.00	6.12m
13	Annika O'Hara	St. Charles	20-04.00	19-04.00	5.89m
--	Sidney Paulson	La Crosse Aquinas	24-11.00	FOUL	

Girls Discus Throw

Name	Year	School	Seed	Finals	Points
1 Kaleah Davis		RPH	90-03	100-10	30.73m 10
2 Sonia Howen		St. Charles	76-11	81-09	24.91m 8
3 Jenny Albrecht		RPH	74-03	76-07	23.34m 6
4 Rita Row		Cotter	55-06	75-03	22.93m 4
5 Mari Stafslieen Dumale		La Crosse Central	80-00	75-02	22.91m 2
6 Abby McCreedy		St. Charles	83-00	74-05	22.68m 1
7 Kaitlyn Koll		La Crosse Central	70-00	72-05	22.07m
8 Liz Jandt		RPH	70-09	71-03	21.71m
9 Ella Sans Crainte		La Crosse Aquinas	58-11	71-00	21.64m
10 Triniti Gbala		St. Charles	74-05	70-03	21.41m
11 Ava McClain		La Crosse Aquinas	74-02	65-03	19.88m
12 Kirsten Cranor		Cotter	67-06	63-11	19.48m
13 Brittany Weber		La Crosse Aquinas	67-08	58-00	17.67m
14 Ahnia Olstad		La Crosse Central	65-00	53-05	16.28m

Boys 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Jack Beardmore		Caledonia/S.G.		11.42	3	10
2 Devin BoCook		La Crosse Central	11.94	11.65	3	8
3 Cameron Weilandt		La Crosse Central	12.04	11.87	3	6
4 Tarek Schraith		La Crosse Central	11.94	11.90	3	4
5 Rayhan Siddqui		La Crosse Central	12.14	11.97	3	
6 Nick McCabe		Caledonia/S.G.		12.02	2	2
7 Reed Gordon		Caledonia/S.G.		12.26	1	1
8 Noah Disbrow		St. Charles	12.24	12.29	3	
9 Cole Berends		St. Charles	12.81	12.44	3	
10 Ben Walters		RPH		12.55	1	
11 Talyn Gilbertson		Cotter		12.57	2	
12 Faisal Baz		Cotter		12.72	1	
13 Dalton Balcome		St. Charles	12.77	12.78	3	
14 Brad Heiller		Caledonia/S.G.		12.87	2	
15 Jonah Sievers		RPH		13.12	1	
16 Ethan Jacobson		Caledonia/S.G.		13.17	2	
17 Hunter Holland		Caledonia/S.G.		13.56	1	
18 Robert Walker		RPH		14.42	2	

Boys 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Jack Beardmore		Caledonia/S.G.		23.84	2	10

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Boys 200 Meter Dash

2	Brady Gile	RPH	25.03	24.39	3	8
3	Noah Disbrow	St. Charles	24.00	24.59	3	6
4	Malcolm Young	La Crosse Central	25.24	24.68	3	4
5	Cole Berends	St. Charles	24.00	24.78	3	2
6	Talyn Gilbertson	Cotter		25.28	2	1
7	Ben Walters	RPH		25.50	2	
8	Brody Johnson	Caledonia/S.G.		25.71	1	
9	Lucas Odegaarden	La Crosse Central	24.94	26.10	3	
10	Dalton Balcome	St. Charles	25.88	26.14	3	
11	Brad Heiller	Caledonia/S.G.		26.79	2	
12	Hunter Holland	Caledonia/S.G.		28.13	1	
13	Ethan Jacobson	Caledonia/S.G.		28.61	2	
14	Kevin Lee	Cotter		28.63	1	
15	Henry Madsen	La Crosse Central	27.24	29.35	3	
16	Sam Rogich	Caledonia/S.G.		30.41	1	
17	Brendon Honken	RPH	34.29	35.25	3	

Boys 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Faisal Baz	Cotter		55.73	1	10
2	Chris Pieper	Caledonia/S.G.		58.07	2	8
3	Job Niesius	La Crosse Central	58.74	58.24	2	6
4	Brad Heiller	Caledonia/S.G.		1:00.37	1	4
5	Austin King-Henke	Cotter	1:03.80	1:01.51	2	2
6	Jude Thrush	La Crosse Aquinas		1:03.55	2	1
7	Joe Costello	Cotter	1:05.51	1:04.50	2	
8	Hunter Holland	Caledonia/S.G.		1:05.60	1	
9	Andrew Klinski	Caledonia/S.G.		1:06.34	2	
10	Eric Myhre	Caledonia/S.G.		1:08.13	2	
11	Kody Ackman	St. Charles	1:12.15	1:14.22	2	

Boys 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	William Modjeski	Cotter	2:07.28	2:06.61	2	10
2	Korrigan Diercks	St. Charles	2:07.48	2:06.94	2	8
3	Carver Stenslien	La Crosse Central	2:15.24	2:11.68	2	6
4	Ricky Buchanan	RPH	2:14.87	2:12.68	2	4
5	Michael Stupie	La Crosse Aquinas		2:17.85	1	2
6	Dalton Hoel	RPH	2:33.55	2:31.12	2	1
7	Jacob San Miguel	La Crosse Central	2:24.24	2:31.63	2	
8	Ben Barrett	La Crosse Aquinas		2:37.68	1	
9	Max Byington	La Crosse Aquinas		2:38.48	1	
10	Eric Myhre	Caledonia/S.G.		2:48.01	1	
11	Luke Broghammer	Cotter		2:50.00	1	
12	Brendon Honken	RPH		3:03.89	1	

Boys 1600 Meter Run

Name	Year	School	Seed	Finals	Points
1	Axel Daood	St. Charles	4:59.33	4:54.83	10

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Boys 1600 Meter Run

2	Andrew O'Hara	St. Charles	5:05.99	4:58.83	8
3	Mitch Ellis	La Crosse Aquinas	5:01.24	5:03.27	6
4	Dominic Jenkins	RPH		5:03.39	4
5	Chris Kwak	Cotter	5:15.25	5:12.31	2
6	Nick Drye	La Crosse Aquinas		5:14.50	1
7	Alec Taylor	La Crosse Aquinas		5:14.69	
8	Brad Colbenson	RPH	5:45.83	5:46.47	
9	Evan Baines	La Crosse Central	6:00.24	5:48.21	
10	Drake Barreyro	La Crosse Central	6:10.24	5:50.24	
11	Luke Broghammer	Cotter		6:13.83	
12	Josh Gatzlaff	RPH	6:36.87	6:30.73	
13	Zach Hursh	St. Charles	7:06.23	9:57.27	

Boys 3200 Meter Run

Name	Year	School	Seed	Finals	Points
1	Andrew Skemp	La Crosse Aquinas	10:57.24	10:26.64	10
2	Peter Glodosky	La Crosse Aquinas		10:29.22	8
3	Axel Daood	St. Charles	10:40.68	10:32.85	6
4	Zachary DeGroot	La Crosse Aquinas	10:49.24	11:00.14	4
5	Mitchell Ledebuhr	RPH	11:14.91	11:00.98	2
6	Tyler Rislov	RPH		11:02.32	1
7	Preston Graul	La Crosse Central	11:10.24	11:15.24	
8	Hunter Mart	RPH	12:40.41	11:48.80	
9	Shane Arnold	St. Charles		11:53.62	
10	Jack Babinski	Caledonia/S.G.		12:07.96	

Boys 110 Meter Hurdles

Name	Year	School	Seed	Finals	Points
1	Triton Meldahl	RPH		16.48	10
2	Logan Putzier	St. Charles	17.19	17.17	8
3	Hunter Jackley	St. Charles	19.02	18.57	6
4	Quinn Servais	La Crosse Central	19.74	18.59	4
5	Cole Lapp	La Crosse Central	22.74	19.11	2
6	Nolan Niemann	La Crosse Central	19.74	21.32	1

Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Jackson Warren	La Crosse Central	45.24	44.48	2	10
2	Logan Putzier	St. Charles	44.82	45.41	2	8
3	Quinn Servais	La Crosse Central	47.74	45.48	2	6
4	Cole Lapp	La Crosse Central	46.84	46.88	2	4
5	Tony Wu	La Crosse Aquinas	45.32	48.30	2	2
6	Hunter Jackley	St. Charles	48.86	48.94	2	1
7	Aaron Prinsen	RPH		49.05	1	
8	Jude Thrush	La Crosse Aquinas		49.24	1	
9	Michael Weaver	La Crosse Aquinas		52.03	1	
10	Joe Danielson	Cotter		55.78	1	

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 La Crosse Central	45.74	44.80	10
1) Devin BoCook	2) Lucas Odegaarden		
3) Rayhan Siddqui	4) Tarek Schraith		
2 Caledonia/Spring Grove		45.85	8
1) Nick McCabe	2) Reed Gordon		
3) Brody Johnson	4) Jack Beardmore		
3 La Crosse Central 'B'		46.54	
1) Micky Grzywaczewski	2) Jahlil Mack		
3) Evan Yang	4) Gabe Bryant		
4 Cotter		49.86	6
1) Waheed Ahmadzai	2) Faisal Baz		
3) Joe Danielson	4) Kevin Lee		
5 Rushford-Peterson/Houston	52.12	50.75	4
1) Robert Walker	2) Riley Koop		
3) Aaron Prinsen	4) Isaac Heyer		
6 St. Charles	53.00	51.52	2
1) Joe Dayland	2) Ethan Warmkagathje		
3) Simon Warmkagathje	4) William Davidson		

Boys 4x200 Meter Relay

School	Seed	Finals	Points
1 La Crosse Central 'B'	1:35.24	1:39.03	
1) Micky Grzywaczewski	2) Jahlil Mack		
3) Evan Yang	4) Gabe Bryant		
2 La Crosse Central	1:35.24	1:41.57	10
1) Ethan Shepard	2) Mason Herlitzke		
3) Cameron Weilandt	4) Tristan Johnson		
3 Rushford-Peterson/Houston	1:40.85	1:42.18	8
1) Nick Schmitz	2) Alex Van Gundy		
3) Isaac Heyer	4) Ben Walters		
4 St. Charles		1:47.15	6
1) Joe Dayland	2) Ethan Warmkagathje		
3) Simon Warmkagathje	4) William Davidson		

Boys 4x400 Meter Relay

School	Seed	Finals	Points
1 St. Charles	3:43.00	3:44.28	10
1) Dan Jones	2) Logan Putzier		
3) Korrigan Diercks	4) Bryan Chavez		
2 Cotter	3:47.00	3:53.18	8
1) William Modjeski	2) Talyn Gilbertson		
3) Chris Kwak	4) Austin King-Henke		
3 St. Charles 'B'		3:56.38	
4 La Crosse Central		4:00.89	6
1) Colin Adams	2) Cody Pretasky		
3) Gavin Reese	4) Micky Grzywaczewski		
5 La Crosse Aquinas		4:10.87	4
1) Ethan Nott	2) Alec Taylor		
3) Mitch Ellis	4) Michael Stupie		

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

....Boys 4x400 Meter Relay

6 Cotter 'B'	4:03.00	4:14.97
1) Waheed Ahmadzai	2) Kevin Lee	
3) Joe Danielson	4) Joe Costello	

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 St. Charles	9:00.00	9:12.75	10
1) Bryan Chavez	2) Andrew O'Hara		
3) Mitchell Apse	4) Korrigan Diercks		
2 La Crosse Central		9:49.60	8
1) Cody Pretasky	2) Preston Graul		
3) Gavin Reese	4) Colin Adams		
3 St. Charles 'B'		10:18.56	
1) Kyle Putzier	2) Carter Mueller		
3) Erik Ness	4) Diego Sanchez		

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Dalton Balcome	St. Charles	5-08.00	6-01.00	1.85m 10
2 Jackson Warren	La Crosse Central	6-00.00	5-10.00	1.77m 8
3 Chris Pieper	Caledonia/S.G.		5-10.00	1.77m 6
4 Noah Arlt	La Crosse Aquinas	5-04.00	5-08.00	1.72m 4
5 Alex Van Gundy	RPH	6-00.00	5-08.00	1.72m 2
6 John Luhmann	RPH	5-08.00	5-06.00	1.67m 1
7 Edward Hale	La Crosse Aquinas	5-06.00	5-04.00	1.62m
8 Hunter Jackley	St. Charles	5-04.00	5-02.00	1.57m
9 Jude Thrush	La Crosse Aquinas	5-02.00	5-02.00	1.57m
10 Rayhan Siddqui	La Crosse Central		4-08.00	1.42m

Boys Pole Vault

Name	Year School	Seed	Finals	Points
1 Logan Her	La Crosse Central	10-06.00	11-06.00	3.50m 10
2 Riley Koop	RPH	9-00.00	10-06.00	3.20m 8
3 Dan Jones	St. Charles	10-06.00	10-06.00	3.20m 6
4 Carlos Horton	RPH	9-00.00	9-06.00	2.89m 4
5 Simon Warmkagathje	St. Charles	8-06.00	9-00.00	2.74m 2
6 Luke Stimac	La Crosse Central		8-00.00	2.43m 1
7 John Luhmann	RPH	9-00.00	7-06.00	2.28m
-- Jared Mart	St. Charles	8-00.00	NH	
-- Charlie Winkers	La Crosse Central	7-00.00	NH	

Boys Long Jump

Name	Year School	Seed	Finals	Points
1 Alex Van Gundy	RPH	18-10.00	19-09.00	6.01m 10
2 Tarek Schraith	La Crosse Central		19-06.00	5.94m 8
3 Cameron Weilandt	La Crosse Central		19-04.00	5.89m 6
4 Brady Gile	RPH	19-04.00	19-04.00	5.89m 4

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

...Boys Long Jump

5	Waheed Ahmadzai	Cotter		18-07.00	5.66m	2
6	Talyn Gilbertson	Cotter	17-06.00	18-04.00	5.58m	1
7	Ethan Shepard	La Crosse Central		17-05.00	5.30m	
8	Hunter Jackley	St. Charles	18-02.00	17-04.00	5.28m	
9	Chris Pieper	Caledonia/S.G.		16-11.00	5.15m	
10	Jonah Sievers	RPH	17-03.50	16-09.00	5.10m	
11	Cole Berends	St. Charles	18-02.75	16-07.00	5.05m	
12	Dan Jones	St. Charles	17-08.25	16-04.00	4.97m	
13	Henry Madsen	La Crosse Central		15-09.50	4.81m	
14	Eze Nduka	La Crosse Central		15-09.00	4.80m	
15	Joe Danielson	Cotter	14-10.00	15-00.00	4.57m	

Boys Triple Jump

Name	Year	School	Seed	Finals	Points	
1	Triton	Meldahl	RPH	41-08.00	12.70m	10
2	Jackson	Warren	La Crosse Central	38-09.00	11.81m	8
3	Quinn	Servais	La Crosse Central	38-05.00	11.70m	6
4	Chris	Pieper	Caledonia/S.G.	35-00.00	10.66m	4
5	William	Davidson	St. Charles	34-03.50	10.66m	2
6	Isaiah	Rasmussen	RPH	36-03.50	10.61m	1
7	Mason	Herlitzke	La Crosse Central	34-02.00	10.41m	
8	Cole	Berends	St. Charles	35-02.00	10.31m	
9	Dan	Jones	St. Charles	36-04.00	10.10m	
10	Josiah	Rasmussen	RPH	31-09.00	9.67m	

Boys Shot Put

Name	Year	School	Seed	Finals	Points	
1	Ben	Wieser	RPH	47-06.50	14.14m	10
2	Jacob	Stokes	St. Charles	39-02.00	10.97m	8
3	Jaborious	Norwood	La Crosse Central	32-00.00	10.94m	6
4	Matt	Nelson	RPH	35-02.00	10.82m	4
5	Nicholas	Walechka	Cotter	29-00.00	10.51m	2
6	Charlie	Langeberg	La Crosse Aquinas	31-00.00	10.33m	1
7	Isaiah	Forrester	Caledonia/S.G.	33-10.00	10.31m	
8	Julian	Goldstein	La Crosse Central	35-00.00	10.16m	
9	Andrew	Winkers	La Crosse Central	37-00.00	10.10m	
10	Jackson	Wemette	La Crosse Central	36-00.00	10.08m	
11	Tristan	Johnson	La Crosse Central	34-00.00	10.03m	
12	Skye	Welch	Caledonia/S.G.	32-08.00	9.95m	
13	Eli	DeChamps	St. Charles	30-06.00	9.62m	
14	Ethan	Jacobson	Caledonia/S.G.	29-06.00	8.99m	
15	Riley	Ferden	St. Charles	29-11.00	8.83m	
16	Andre	Fisher	La Crosse Aquinas	24-03.00	7.72m	
17	Sam	Rogich	Caledonia/S.G.	24-10.00	7.56m	
18	Luke	Broghammer	Cotter	25-06.00	7.54m	
--	Brett	Betthausen	RPH	33-06.00	FOUL	

Caledonia/Spring Grove Invitational - 4/5/2019
w/ Aquinas, Central, Cotter, R-P/H & St. Charles
Results

Boys Discus Throw

Name	Year School	Seed	Finals	Points
1 Ben Wieser	RPH	126-03	119-10	36.52m 10
2 Matt Nelson	RPH	101-11	109-05	33.35m 8
3 Brett Betthausen	RPH	84-05	107-04	32.71m 6
4 Jaborious Norwood	La Crosse Central		100-00	30.48m 4
5 Jacob Stokes	St. Charles	106-07	99-09	30.40m 2
6 Nicholas Walechka	Cotter	101-04	96-05	29.38m 1
7 Andrew Winkers	La Crosse Central		93-06	28.49m
8 Julian Goldstein	La Crosse Central		88-08	27.02m
9 Jacob Harris	St. Charles	77-05	85-08	26.11m
10 Eli DeChamps	St. Charles	79-02	85-04	26.00m
11 Charlie Langeberg	La Crosse Aquinas	55-00	79-00	24.07m
12 Bronson Knutson	Caledonia/S.G.		75-09	23.08m
13 Sam Rogich	Caledonia/S.G.		75-01	22.88m
14 Andre Fisher	La Crosse Aquinas	65-00	69-01	21.05m
15 Brody Johnson	Caledonia/S.G.		69-00	21.03m
16 Luke Broghammer	Cotter	64-01	66-00	20.11m