

RAIDER INVITE / ARCADIA  
THURS. APRIL 21ST

FIELD EVENTS 4:00

POLE VAULT - 3:30 Girls then Boys  
HIGH JUMP -( Girls & Boys same time) Chai / Adeline  
LONG JUMP (4:00 - 5:30 - 4 jumps) Kya / Gracie  
TRIPLE JUMP (4:00 - 5:30 - 4 jumps) Sierra / Kari  
SHOT (Girls 1st) Hayden / Kaitlyn  
DISCUS ( Boys 1st) Hayden / Donna

RUNNING EVENTS 4:15

4 x 800 - Taryn / Jenna / Makenna / Emi  
100 M Hurdles (Trials) Laurel / Morgan  
100 M Dash (Trials) Grace / Fiona  
\*\*\* 15 Minute Break \*\*\*  
100/110 M Hurdle (Finals) Laurel / Morgan  
100 M Dash (Finals ) Grace / Fiona  
1600 M Run - Jenna / Eliza  
4 x 200 - Kate / Mallory / Sierra / Chai / Kari  
400 M Dash - Kya / Adeline  
4 x 100 - Ava / Grace.I. / Kelechi / Leyna / Fiona  
300 M Hurdles - Laurel / Morgan  
800 M Run - Emi / Ella  
200 M Dash - Kya / Kate  
3200 M Run - Makenna / Taryn  
4 x 400 - Mallory / Jenna / Adeline / Ella / Kya / Ncaylee

\* EXCUSED AT ~~1:45~~ 1:10

\* BUS LEAVES ~~2:00~~ 1:30