

**Mississippi Valley Conference Meet
UW- La Crosse
La Crosse, Wisconsin - 5/13/2023
Meet Program**

Event 1 Girls 4x800 Meter Relay

Meet Record: 9:53.14 1992 Sparta			
L Miller, A Finstad, J Newburg, K Davis			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Holmen		10:21.33
	1) Sheryl Wang 11	2) Ava Werner 11	
	3) Naomi Wedan 9	4) Bailey Sommerville 10	
	5) Molly Twitchell 12	6) Abigail Stoczynski 10	
2	La Crosse Lo		10:58.33
	1) Ameerah Herdina 11	2) Rosa Myers 11	
	3) Ava Howard 9	4) Evelyn Mueller 9	
	5) Tabitha Sward 10	6) Eden Devine 10	
3	Sparta		11:20.56
	1) Serena Swanson 11	2) Leah Modjeski 10	
	3) Abigail Schell 12	4) Abigayle Gilbertson 9	
4	Tomah		11:32.67
	1) Josie Bailey 11	2) Alyssa Marth 10	
	3) Kaylee Miller 12	4) Maria Ruiz 11	
	5) Lydia Boettcher 11		
5	Onalaska		11:42.61
	1) Eva Dryer 10	2) Alli Neilson 11	
	3) Alara Running 10	4) Keagan Anderson 11	
	5) Mary Catherine Clatworthy 11		
6	Aquinas		11:48.31
	1) Elizabeth Bagniefski 12	2) Bethany Hale 9	
	3) Naomi Koch 12	4) Maria Schwinn 12	

Event 2 Boys 4x800 Meter Relay

Meet Record: 8:15.44 1995 Tomah			
Zupancich, Eckelberg, Nicol, Martens			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Onalaska		8:13.89
	1) Matias Dahl 11	2) Jackson Hughes 11	
	3) Luke Archer 9	4) Nathan Luebke 12	
2	La Crosse Lo		8:50.00
	1) Adrian Bye 9	2) Gavin Kreiling 9	
	3) Ben Lenz 12	4) Daniel Lenz 10	
	5) Chris McGaff 12	6) Daniel Wilson 12	
3	Holmen		8:55.96
	1) Nathan Novak 12	2) Clayton Lowman 12	
	3) Camden Lichucki 11	4) Gillie Suarez 12	
	5) Spencer Lowman 9	6) Mason Moss 9	
4	Tomah		8:56.56
	1) Carl Oskar Wilcox-borg 12	2) Andrew Batchelor 10	
	3) Nico Holtz 11	4) Trent Lord 11	
	5) Cale Ollendick 9		
5	La Crosse Ce		9:18.75
	1) Silas Bratsch 10	2) Sean Erickson 9	
	3) Gabriel Wood 12	4) Lyndon Torkelson 9	
6	Sparta		9:20.33
	1) Braedyn Novak 9	2) Xavier Centeno 9	
	3) Sam Parent 12	4) David Castro 12	

Event 3 Girls 100 Meter Hurdles

10 Advance: Top 1 Each Heat plus Next 8 Best Times				
Meet Record: 14.65 2012 Amber Sanderson				
Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
3	Morgan Lawrence	12	La Crosse Ce	18.70
4	Emma Rudie	11	Onalaska	17.79
5	Josie Blum	12	Onalaska	16.63
6	Ella Stevens	10	Onalaska	16.81
7	Alivia Wickstrom	9	Holmen	18.10
8	Caylan Adams	11	La Crosse Lo	19.77
Heat 2 of 2 Prelims				
2	Rebecca Gann	12	Sparta	20.73
3	Laurel Erickson	10	La Crosse Ce	18.64
4	Ally LeClaire	12	Holmen	17.63
5	Lily Joyce	11	Tomah	15.50
6	Josephine Lawton	10	Aquinas	17.30
7	Macy Keim	10	Holmen	18.18
8	Alexa Moore	9	Tomah	19.81

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Event 4 Boys 110 Meter Hurdles

Meet Record: 14.50 2017 Dion Smith			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Bryce Buchanan	12 Onalaska	17.70
2	Brandon Tarnow	11 Holmen	16.87
3	Robert Wimbish	12 La Crosse Lo	16.24
4	Avin Smith	12 La Crosse Lo	15.64
5	Aaron Poelma	11 La Crosse Ce	15.50
6	Kyle Jackson	12 Holmen	15.53
7	Mitchell Schroeder	12 Tomah	16.04
8	Gavin Ridge	12 Onalaska	16.25
9	Latrell Bailey	12 Sparta	17.24
10	Carson Jolly	11 La Crosse Ce	17.78

Event 5 Girls 100 Meter Dash

10 Advance: Top 1 Each Heat plus Next 8 Best Times			
Meet Record: 12.35 2012 Amber Sanderson			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
2	Ava Herlitzke	12 La Crosse Ce	14.10
3	Alaina Elias	9 Aquinas	13.55
4	Chaigoziem Nduka	10 La Crosse Ce	13.23
5	Taylor Molling	12 Onalaska	12.53
6	Lydia Lazarescu	9 Holmen	12.59
7	Makena McGarry	9 Onalaska	13.33
8	Maddie Murphy	11 Aquinas	13.72
9	Lily Christopherson	9 La Crosse Ce	14.17
Heat 2 of 2 Prelims			
2	Lily Gronemus	10 Sparta	14.08
3	Sara Gyllander	12 Aquinas	13.53
4	Carmen Roraff	12 Onalaska	13.21
5	Julie Yang	11 La Crosse Lo	12.51
6	Maddy Cornett	12 La Crosse Lo	13.19
7	Zandrea Mason	11 Tomah	13.45
8	Louisa Stromenger	12 Sparta	13.92

Event 6 Boys 100 Meter Dash

10 Advance: Top 1 Each Heat plus Next 8 Best Times			
Meet Record: 10.78 2017 Seth Holden			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
2	Jaylon Calvert	10 La Crosse Ce	12.38
3	Leo Orlikowski	11 La Crosse Ce	11.87
4	Matt Jarrett	11 La Crosse Lo	11.46
5	Elijah Brown	11 Tomah	10.85
6	Alex Boyko	10 Tomah	11.20
7	Jewel Jackson	11 Holmen	11.78
8	Jackson Flottmeyer	12 Aquinas	11.98
9	Dusty Morrow	10 Sparta	NT
Heat 2 of 2 Prelims			
2	Payton Johnson	12 Sparta	12.18
3	Gavin Shepard	10 La Crosse Ce	11.82
4	Kasey Barth	11 Onalaska	11.41
5	Collin Conzemius	12 Aquinas	10.76
6	David Malin	11 Aquinas	11.30
7	Jaxon Ruland	9 Tomah	11.78
8	Dain Pitsenbarger	12 Sparta	12.13

Event 7 Girls 1600 Meter Run

Meet Record: 5:00.04 1994 Angi Kujak			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Sabrina Lechnir	9 Holmen	5:23.41
2	Anabella Filips	11 Holmen	5:29.12
3	Alli Thomas	12 Onalaska	5:29.49
4	Vanessa Galvilan	12 Sparta	5:34.93
5	Sydney Valiska	11 Holmen	5:41.95
6	Isabella Gutierrez	10 Onalaska	5:50.52
7	Leah Modjeski	10 Sparta	5:53.71
8	Avery Farmer	12 La Crosse Lo	6:00.11
9	Makenna Klingelhofer	10 La Crosse Ce	6:14.63
10	Emilia Veum	12 La Crosse Ce	6:16.18
11	Josie Bailey	11 Tomah	6:18.29
12	Kaylee Miller	12 Tomah	6:31.44
13	Chloe Wynn	9 La Crosse Ce	6:32.41
14	Lydia Boettcher	11 Tomah	6:54.22

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Event 8 Boys 1600 Meter Run

Meet Record: 4:16.64 2008 Zach Wilhelmy			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Blake Burnstad	11 Onalaska	4:27.05
2	Jonathan Skemp	11 Aquinas	4:33.19
3	Carl Oskar Wilcox-borg	12 Tomah	4:41.53
4	Arlo White	10 Onalaska	4:42.49
5	Ryan Topolski	12 Onalaska	4:45.63
6	Ethan Archer	11 Holmen	4:47.12
7	Sam Horman	11 Holmen	4:48.48
8	Joel Johnson	9 Sparta	4:49.78
9	Dylan Whiteaker	10 Holmen	4:56.82
10	Silas Bratsch	10 La Crosse Ce	5:04.61
11	Andrew Batchelor	10 Tomah	5:05.30
12	Logan Larson	11 Tomah	5:07.54
13	Jaden Kondor	11 Sparta	5:14.19
14	Kaleb Azene	9 Aquinas	5:16.60
15	Braedyn Novak	9 Sparta	5:22.76
16	Anthony Petullo	9 Aquinas	6:04.80

Event 9 Girls 4x200 Meter Relay

Meet Record: 1:46.55 2004 Onalaska			
S Meier, S Formanek, R Rislow, A Rentschler			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Tomah		1:59.87
1)	Isabella Arne 10	2) Aisha Fritsche 11	
3)	Britney Janiszewski 12	4) Ruby Joyce 9	
5)	Jenna Bakken 12	6) Alexa Moore 9	
3	La Crosse Ce		1:55.66
1)	Laurel Erickson 10	2) Chaigoziem Nduka 10	
3)	Sierra Fried 10	4) Lily Christopherson 9	
5)	Grace Ivens 12	6) Morgan Lawrence 12	
4	Aquinas		1:49.91
1)	Alaina Elias 9	2) Alexa Myre 9	
3)	Autumn Passehl 12	4) Maddie Murphy 11	
5)	Gretta Gyllander 12	6) Sara Gyllander 12	
5	Onalaska		1:45.45
1)	Jenna Richgels 11	2) Makena McGarry 9	
3)	Kateley Schlicht 11	4) Rickie Tillotson 9	
5)	Emma Hayes 9		
6	Holmen		1:48.99
1)	Kyla Christnovich 12	2) Abry Bloyer 9	
3)	Josie Alesch 11	4) Rayna McArdle 11	
5)	Alexa Szak 10	6) Hennessy LaMere 11	
7	La Crosse Lo		1:54.50
1)	Mai See Xiong 12	2) Liberty Sprain 11	
3)	Aaliyah Hamilton 11	4) Caleesa Adams 9	
5)	Veronica Wilson 9	6) Nora Hofland 12	
8	Sparta		1:58.55
1)	Abigail Schell 12	2) Rylee Geier 11	
3)	Louisa Stromenger 12	4) Lily Gronemus 10	

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Event 10 Boys 4x200 Meter Relay

Meet Record: 1:30.51 2017 La Crosse Central

B Parral, A Steele, L McCloud, J Davis

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Sparta		1:37.78
	1) Grant Geier 10	2) Logan Walley 12	
	3) Dain Pitsenbarger 12	4) Kayden Kaat 9	
	5) Latrel Bailey 12	6) Dusty Morrow 10	
3	Tomah		1:35.43
	1) Mitchell Schroeder 12	2) Jaxon Ruland 9	
	3) Keaton Vonderehe 11	4) Tyler Sonie 10	
	5) Jaden Johnson 9		
4	Aquinas		1:32.84
	1) David Malin 11	2) Logan Becker 9	
	3) Eli Horstman 10	4) Andrew Sutton 12	
	5) Harry Griffith 9	6) Trevor Paulson 10	
5	Onalaska		1:30.86
	1) Zachary Fink 11	2) Sean Gilles 12	
	3) Cameron Cornett 10	4) Will Drazkowski 9	
	5) Tyson Hughes 10		
6	La Crosse Ce		1:32.13
	1) Peyton Strittmater 11	2) Carson Jolly 11	
	3) Micah Mosley 12	4) Bennett Fried 12	
	5) Jaylon Calvert 10		
7	Holmen		1:34.49
	1) Lucas Strauss 11	2) Jewel Jackson 11	
	3) Elijah Heerts 11	4) Seth Heiser 11	
	5) Matthew McBride 12	6) Isaiah Wedan 11	
8	La Crosse Lo		1:35.97
	1) Justis Arellano 12	2) Quade Haverland 11	
	3) Matt Jarrett 11	4) Henry Reinders 10	
	5) Eli Reynolds 12	6) Gabe Sanders 11	

Event 11 Girls 400 Meter Dash

Meet Record: 56.76 2004 Joanna Schultz

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
4	Leyna Sonnenfeld	10	La Crosse Ce	1:14.91
5	MaKayla Ueek	11	Tomah	1:08.20
6	Gracie Mueller	9	Aquinas	1:10.81

Section 2 of 2 Finals

2	Mary Niegelsen	11	Aquinas	1:07.03
3	Maya Amundson	11	Holmen	1:05.95
4	Ameerah Herdina	11	La Crosse Lo	1:05.31
5	Makayla Carkhuff	12	Onalaska	1:01.39
6	Isabella Malecek	9	Onalaska	1:02.22
7	Keagan Anderson	11	Onalaska	1:05.52
8	Evelyn Mueller	9	La Crosse Lo	1:06.22
9	Zandrea Mason	11	Tomah	1:07.62

Event 12 Boys 400 Meter Dash

Meet Record: 49.02 2015 Brandon Christinovich

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
4	Conner Greeno	10	Sparta	58.68
5	Jordan Hylar	12	Sparta	56.09
6	Hunter Odegaard	10	La Crosse Ce	56.99
Section 2 of 2 Finals				
1	Collin Erickson	12	La Crosse Ce	55.89
2	Andrew Stanton	9	La Crosse Lo	53.53
3	Kyle Jackson	12	Holmen	51.89
4	Braden Burke	11	Onalaska	51.74
5	Nicky Odom	12	Onalaska	51.35
6	Andrew Hackbarth	12	La Crosse Lo	51.42
7	Alex Boyko	10	Tomah	51.74
8	Cody Morrow	11	Sparta	52.64
9	Micah Mosley	12	La Crosse Ce	54.12

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Event 13 Girls 4x100 Meter Relay

Meet Record: 50.61 5/12/2018 Aquinas			
E Burke, K Schmitz, T Theusch, L Donarski			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Tomah		57.27
	1) Aisha Fritsche 11	2) Britney Janiszewski 12	
	3) Ruby Joyce 9	4) Isabella Arne 10	
	5) Jenna Bakken 12	6) Raven Wegman 9	
3	La Crosse Ce		53.40
	1) Ava Herlitzke 12	2) Brittney Mislivecek 12	
	3) Sierra Fried 10	4) Chaigoziem Nduka 10	
	5) Morgan Lawrence 12	6) Lily Christopherson 9	
4	La Crosse Lo		51.84
	1) Julie Yang 11	2) Liberty Sprain 11	
	3) Aaliyah Hamilton 11	4) Maddy Cornett 12	
	5) Mai See Xiong 12	6) Caleesa Adams 9	
5	Onalaska		50.48
	1) Carmen Roraff 12	2) Taylor Molling 12	
	3) Jenna Richgels 11	4) Makena McGarry 9	
	5) Rickie Tillotson 9		
6	Holmen		51.10
	1) Rayna McArdle 11	2) Abry Bloyer 9	
	3) Josie Alesch 11	4) Lydia Lazarescu 9	
	5) Alexa Szak 10	6) Kyla Christnovich 12	
7	Aquinas		52.23
	1) Alaina Elias 9	2) Sara Gyllander 12	
	3) Autumn Passehl 12	4) Maddie Murphy 11	
	5) Gretta Gyllander 12	6) Alexa Myre 9	
8	Sparta		56.22
	1) Aysha Hibbler 10	2) Louisa Stromenger 12	
	3) Madeline Leigl 9	4) Lily Gronemus 10	

Event 14 Boys 4x100 Meter Relay

Meet Record: 43.32 2012 Holmen			
D Martinez, G Sua, DJ Meagher, M Jesseski			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Sparta		46.70
	1) Dain Pitsenbarger 12	2) Logan Walley 12	
	3) Payton Johnson 12	4) Latrel Bailey 12	
	5) Grant Geier 10		
3	Tomah		45.74
	1) Elijah Brown 11	2) Jaden Johnson 9	
	3) Bruce Rezin 10	4) Jaxon Ruland 9	
	5) Tyler Sonie 10		
4	La Crosse Lo		45.30
	1) Justis Arellano 12	2) Quade Haverland 11	
	3) Matt Jarrett 11	4) Henry Reinders 10	
	5) Eli Reynolds 12	6) Gabe Sanders 11	
5	Onalaska		44.21
	1) Cornell Banks 12	2) Sean Gilles 12	
	3) Cameron Cornett 10	4) Will Drazkowski 9	
	5) Jacob Hellman 9		
6	Aquinas		44.70
	1) David Malin 11	2) Jackson Flottmeyer 12	
	3) Logan Becker 9	4) Collin Conzemius 12	
	5) Trevor Paulson 10	6) Andrew Sutton 12	
7	Holmen		45.43
	1) Max Steffens 11	2) Elijah Heerts 11	
	3) Jewel Jackson 11	4) Kaden Layland 11	
	5) Isaiah Wedan 11	6) Seth Heiser 11	
8	La Crosse Ce		46.25
	1) Jaylon Calvert 10	2) Gavin Shepard 10	
	3) Leo Orlikowski 11	4) Alex Wagner 11	
	5) Hunter Odegaard 10		

Event 15 Girls 300 Meter Hurdles

Meet Record: 45.41 2012 Amber Anderson			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
4	Alexa Moore	9 Tomah	56.31
5	Josephine Lawton	10 Aquinas	55.00
6	Laurel Erickson	10 La Crosse Ce	55.70

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Section 2 of 2 Finals...(Event 15 Girls 300 Meter Hurdles)

2	Melissa Hoff	11	Holmen	51.91
3	Alivia Wickstrom	9	Holmen	49.81
4	Josie Blum	12	Onalaska	47.76
5	Alli Thomas	12	Onalaska	45.61
6	Lily Joyce	11	Tomah	45.75
7	Ella Stevens	10	Onalaska	49.71
8	Ally LeClaire	12	Holmen	51.79
9	Caleesa Adams	9	La Crosse Lo	54.62

Event 16 Boys 300 Meter Hurdles

Meet Record:		39.07	2012	Aron Klos
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
4	Trevor Paulson	10	Aquinas	48.79
5	Brandon Tarnow	11	Holmen	45.26
6	Gillie Suarez	12	Holmen	46.25
Section 2 of 2 Finals				
2	Bryce Buchanan	12	Onalaska	44.43
3	Jacob Hackbarth	10	La Crosse Lo	43.63
4	Gavin Ridge	12	Onalaska	42.37
5	Avin Smith	12	La Crosse Lo	39.74
6	Aaron Poelma	11	La Crosse Ce	41.66
7	Mitchell Schroeder	12	Tomah	43.19
8	Robert Wimbish	12	La Crosse Lo	43.70
9	Zachary Fink	11	Onalaska	45.07

Event 17 Girls 800 Meter Run

Meet Record:		2:13.05	2012	Madeline Hauptert
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Isabela Gutierrez	10	Onalaska	2:26.32
2	Makayla Carkhuff	12	Onalaska	2:27.70
3	Sabrina Lechnir	9	Holmen	2:29.30
4	Bailey Sommerville	10	Holmen	2:30.04
5	Ava Werner	11	Holmen	2:32.25
6	Isabella Malecek	9	Onalaska	2:33.82
7	Taryn Winga	12	La Crosse Ce	2:35.31
8	Leah Modjeski	10	Sparta	2:40.43
9	Rosa Myers	11	La Crosse Lo	2:44.69
10	Maria Ruiz	11	Tomah	2:44.79
11	Alyssa Marth	10	Tomah	2:49.66
12	Serena Swanson	11	Sparta	2:50.24
13	Tenny Makepeace	9	Aquinas	2:53.59
14	Abigayle Gilbertson	9	Sparta	2:53.95

Event 18 Boys 800 Meter Run

Meet Record:		1:55.21	2011	Derek Finsterwalder
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Blake Burnstad	11	Onalaska	1:56.08
2	Cody Morrow	11	Sparta	2:01.33
3	Nick Rudrud	12	Onalaska	2:02.30
4	Isaac Trohkimoinen	11	La Crosse Lo	2:03.54
5	Dominic Kreiling	12	La Crosse Lo	2:03.69
6	Drew Symons	11	Onalaska	2:03.70
7	Ben Lenz	12	La Crosse Lo	2:07.59
8	Sam Horman	11	Holmen	2:07.83
9	Clayton Lowman	12	Holmen	2:08.66
10	Sean Erickson	9	La Crosse Ce	2:09.81
11	Andrew Batchelor	10	Tomah	2:12.32
12	Jaden Kondor	11	Sparta	2:15.00
13	David Castro	12	Sparta	2:19.09
14	Cale Ollendick	9	Tomah	2:30.48
15	Tim Barrett	10	Aquinas	3:02.82

Event 19 Girls 200 Meter Dash

Meet Record:		25.36	2004	Joanna Schultz
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
3	Aysha Hibbler	10	Sparta	31.99
4	Madeline Leigl	9	Sparta	31.20
5	Rosa Schwinn-Weaver	10	Aquinas	29.81
6	Kate Gilbertson	11	Sparta	30.89
7	Grace Ivens	12	La Crosse Ce	31.58
8	Leyna Sonnenfeld	10	La Crosse Ce	33.82
Section 2 of 2 Finals				
1	Gretta Gyllander	12	Aquinas	28.61
2	Alexa Myre	9	Aquinas	27.39
3	Carmen Roraff	12	Onalaska	26.58
4	Taylor Molling	12	Onalaska	26.42
5	Alli Thomas	12	Onalaska	26.26
6	Lydia Lazarescu	9	Holmen	26.28
7	Julie Yang	11	La Crosse Lo	26.52
8	Lily Joyce	11	Tomah	26.66
9	Maddy Cornett	12	La Crosse Lo	27.66
10	Britney Janiszewski	12	Tomah	29.28

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Event 20 Boys 200 Meter Dash

Meet Record: 21.85 2017 Seth Holden			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
3	Dusty Morrow	10 Sparta	25.46
4	Leo Orlikowski	11 La Crosse Ce	24.93
5	Sean Gilles	12 Onalaska	24.48
6	Logan Walley	12 Sparta	24.79
7	Eli Horstman	10 Aquinas	25.02
Section 2 of 2 Finals			
1	Seth Heiser	11 Holmen	24.11
2	Kasey Barth	11 Onalaska	23.44
3	Braden Burke	11 Onalaska	22.95
4	Alex Boyko	10 Tomah	22.35
5	Collin Cenziemius	12 Aquinas	21.69
6	Bennett Fried	12 La Crosse Ce	22.27
7	Elijah Brown	11 Tomah	22.50
8	Andrew Hackbarth	12 La Crosse Lo	23.21
9	Lucas Strauss	11 Holmen	23.57
10	Logan Becker	9 Aquinas	24.20

Event 21 Girls 3200 Meter Run

Meet Record: 10:45.54 1994 Angi Kujak			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Sabrina Lechnir	9 Holmen	11:31.45
2	Anabella Filips	11 Holmen	11:50.48
3	Vanessa Galvilan	12 Sparta	12:00.75
4	Sydney Valiska	11 Holmen	12:22.27
5	Avery Farmer	12 La Crosse Lo	12:53.55
6	Josie Bailey	11 Tomah	13:40.60
7	Chloe Wynn	9 La Crosse Ce	14:04.24
8	Eva Dryer	10 Onalaska	14:15.69
9	Kaylee Miller	12 Tomah	14:20.84
10	Ava Howard	9 La Crosse Lo	NT

Event 22 Boys 3200 Meter Run

Meet Record: 9:27.82 2011 Paul Escher			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Carl Oskar Wilcox-borg	12 Tomah	10:00.74
2	Arlo White	10 Onalaska	10:14.70
3	Ryan Topolski	12 Onalaska	10:16.17
4	Joel Johnson	9 Sparta	10:18.99
5	Ethan Archer	11 Holmen	10:21.59
6	Blake Burnstad	11 Onalaska	10:37.74
7	Daniel Wilson	12 La Crosse Lo	10:49.93
8	Joseph Duffrin	11 La Crosse Lo	10:55.84
9	Declan Gregg	10 Aquinas	10:56.01
10	Spencer Lowman	9 Holmen	10:59.74
11	Nicholas Lueth	10 Sparta	11:17.87
12	Isaiah Yard	10 La Crosse Ce	11:24.60
13	Logan Larson	11 Tomah	11:30.10
14	Oliver Buck	9 Aquinas	11:37.60
15	Colin Sans Crainte	11 Aquinas	11:44.15
16	Charles Devine	12 Tomah	11:44.74

Event 23 Girls 4x400 Meter Relay

Meet Record: 4:02.40 2011 Onalaska			
J Burr, M Hibshman, M Johnson, R Lukas			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Onalaska		4:02.48
	1) Ella Stevens 10	2) Makayla Carkhuff 12	
	3) Kendall Luebker 10	4) Alli Neilson 11	
	5) Keagan Anderson 11		
2	Holmen		4:23.40
	1) Alivia Wickstrom 9	2) Bailey Sommerville 10	
	3) Rayna McArdle 11	4) Maya Amundson 11	
	5) Ava Werner 11	6) Melissa Hoff 11	
3	Tomah		4:32.32
	1) MaKayla Ueeck 11	2) Maria Ruiz 11	
	3) Zandrea Mason 11	4) Ruby Joyce 9	
	5) Isabella Arne 10		
4	La Crosse Lo		4:36.61
	1) Camille Johnson 10	2) Ava Dettwiler 11	
	3) Rosa Myers 11	4) Ameerah Herdina 11	
	5) Tabitha Sward 10	6) Veronica Wilson 9	
5	La Crosse Ce		4:38.20
	1) Makenna Klingelhofer 10	2) Ella Madsen 10	
	3) Emilia Veum 12	4) Taryn Winga 12	
	5) Leyna Sonnenfeld 10		

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Event 24 Boys 4x400 Meter Relay

Meet Record: 3:25.87 2008 Logan

K Winslow, J Mills, J Bottcher, J Losby

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	La Crosse Lo		3:29.50
	1) Dominic Kreiling 12	2) Isaac Trohkimoinen 11	
	3) Andrew Stanton 9	4) Avin Smith 12	
	5) Gavin Kreiling 9	6) Andrew Hackbarth 12	
2	Onalaska		3:31.59
	1) Gavin Ridge 12	2) Drew Symons 11	
	3) Jackson Hughes 11	4) Braden Burke 11	
	5) Bryce Buchanan 12		
3	Holmen		3:34.46
	1) Kyle Jackson 12	2) Lucas Strauss 11	
	3) Dylan Whiteaker 10	4) Sam Horman 11	
	5) Clayton Lowman 12	6) Joseph Baranowski 11	
4	Sparta		3:38.82
	1) Jordan Hyler 12	2) Grant Geier 10	
	3) Cody Morrow 11	4) Kayden Kaat 9	
	5) Conner Greeno 10		
5	Tomah		3:45.06
	1) Brody Habelman 9	2) Keaton Vonderehe 11	
	3) Nico Holtz 11	4) Trent Lord 11	
	5) Aidan Koll 11		
6	La Crosse Ce		3:46.77
	1) Carson Jolly 11	2) Micah Mosley 12	
	3) Collin Erickson 12	4) Alex Wagner 11	
	5) Hunter Odegaard 10	6) O'Maryo Krause-Nururdin 12	

Event 25 Girls High Jump

Meet Record: 5-06 2004 Amy Rentschler

Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Laurel Erickson	10 La Crosse Ce	4-04.00
2	Kate Gilbertson	11 Sparta	4-06.00
3	Ava Herlitzke	12 La Crosse Ce	4-06.00
4	Caylan Adams	11 La Crosse Lo	4-08.00
5	Chaigoziem Nduka	10 La Crosse Ce	4-10.00
6	MaKayla Ueek	11 Tomah	4-10.00
7	Lauren Schindler	9 Holmen	4-10.00
8	Rylee Geier	11 Sparta	4-10.00
9	Gretta Gyllander	12 Aquinas	4-10.00
10	Alexa Szak	10 Holmen	5-00.00
11	Isabella Malecek	9 Onalaska	5-00.00
12	Aaliyah Hamilton	11 La Crosse Lo	5-02.00

Event 26 Boys High Jump

Meet Record: 6-08.50 2017 Kobe King

Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Grant Geier	10 Sparta	5-04.00
2	Colin Williams	9 Holmen	5-06.00
3	Conner Greeno	10 Sparta	5-08.00
4	Robert Wimbish	12 La Crosse Lo	5-08.00
5	Peyton Strittmater	11 La Crosse Ce	5-08.00
6	Jayden Brieske	11 Tomah	5-08.00
7	Leo Orlikowski	11 La Crosse Ce	5-10.00
8	Aaron Poelma	11 La Crosse Ce	5-10.00
9	Broden Steiner	10 Onalaska	5-11.00
10	Kaden Layland	11 Holmen	6-00.00
11	Gavin Ridge	12 Onalaska	6-02.00

Event 27 Girls Pole Vault

Meet Record: 11-06 5/14/2022 Kamryn McNally

Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Morgan Lawrence	12 La Crosse Ce	6-00.00
2	Raven Wegman	9 Tomah	7-00.00
3	Jenna Bakken	12 Tomah	7-00.00
4	Josie Bailey	11 Tomah	7-06.00
5	Lexi Torgerson	11 Holmen	8-00.00
6	Kendall Kozlowski	9 Holmen	8-00.00
7	Mai See Xiong	12 La Crosse Lo	8-06.00
8	Julie Yang	11 La Crosse Lo	8-06.00
9	Josie Anderson	12 Onalaska	8-06.00
10	Lauren Rendler	12 La Crosse Lo	8-06.00

Event 28 Boys Pole Vault

Meet Record: 15-00 1995 Craig Jeranek

Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Milo Mach	9 La Crosse Ce	9-00.00
2	Payton Johnson	12 Sparta	9-00.00
3	Brett Jeffries	10 La Crosse Lo	10-00.00
4	Elijah Le Febre	11 Onalaska	10-06.00
5	Zeagan Williams	10 Tomah	10-06.00
6	Isaiah Wedan	11 Holmen	11-00.00
7	Keaton Vonderehe	11 Tomah	11-00.00
8	Jacob Hackbarth	10 La Crosse Lo	11-06.00
9	Ben Lenz	12 La Crosse Lo	11-06.00
10	Dane Rosenow	12 Holmen	12-00.00
11	Alex Wagner	11 La Crosse Ce	14-00.00

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Event 29 Girls Long Jump

Meet Record: 18-02 2008 Emily Worden			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Amy Hein	11 Aquinas	14-01.00
2	Veronica Wilson	9 La Crosse Lo	14-10.25
3	Zandrea Mason	11 Tomah	15-00.00
4	Sierra Fried	10 La Crosse Ce	15-02.50
5	Gretta Gyllander	12 Aquinas	15-03.00
6	Lily Joyce	11 Tomah	15-04.50
7	Aaliyah Hamilton	11 La Crosse Lo	15-08.00
8	Lydia Lazarescu	9 Holmen	15-08.00
9	Makena McGarry	9 Onalaska	16-00.00
10	Brittney Mislivecek	12 La Crosse Ce	16-02.00
11	Maya Amundson	11 Holmen	16-03.75
12	Josie Blum	12 Onalaska	17-06.50

Event 30 Boys Long Jump

Meet Record: 23-05.50 5/14/2022 Bennett Fried			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Isiah Futch	12 Sparta	17-06.00
2	Trevor Paulson	10 Aquinas	17-09.00
3	Vincent Bahr	10 Aquinas	18-07.00
4	Aidan Koll	11 Tomah	18-09.00
5	Conner Greeno	10 Sparta	18-09.75
6	Matt Jarrett	11 La Crosse Lo	18-11.50
7	Dane Rosenow	12 Holmen	19-01.50
8	Cornell Banks	12 Onalaska	19-03.00
9	Peyton Strittmater	11 La Crosse Ce	19-11.50
10	Andrew Sutton	12 Aquinas	19-11.50
11	Kaden Layland	11 Holmen	20-06.50
12	Kasey Barth	11 Onalaska	20-07.00
13	Eli Reynolds	12 La Crosse Lo	20-08.00
14	Alex Boyko	10 Tomah	21-06.00
15	Elijah Brown	11 Tomah	21-08.75
16	Bennett Fried	12 La Crosse Ce	23-05.50

Event 31 Girls Triple Jump

Meet Record: 37-07 2009 Emily Haines			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Leah Waller	9 Aquinas	27-01.75
2	Raven Wegman	9 Tomah	29-00.00
3	Maggie Herath	10 La Crosse Lo	29-01.50
4	Ruby Joyce	9 Tomah	29-11.00
5	Amy Hein	11 Aquinas	30-01.00
6	Ava Dettwiler	11 La Crosse Lo	31-05.75
7	Sierra Fried	10 La Crosse Ce	32-02.50
8	Emma Rudie	11 Onalaska	33-00.50
9	Lauren Rendler	12 La Crosse Lo	33-01.00
10	Brittney Mislivecek	12 La Crosse Ce	33-01.00
11	Maya Amundson	11 Holmen	35-04.00
12	Josie Blum	12 Onalaska	35-07.25

Event 32 Boys Triple Jump

Meet Record: 47-08.50 1992 Travis Horstman			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Logan Walley	12 Sparta	ND
2	Harry Griffith	9 Aquinas	33-06.50
3	Vincent Bahr	10 Aquinas	36-08.50
4	Jaren Nygren	10 Holmen	37-11.75
5	Kaden Layland	11 Holmen	38-08.75
6	Andrew Hackbarth	12 La Crosse Lo	40-00.00
7	Jacob Hackbarth	10 La Crosse Lo	40-00.00
8	Avin Smith	12 La Crosse Lo	40-00.00
9	Aaron Poelma	11 La Crosse Ce	41-00.00
10	Peyton Strittmater	11 La Crosse Ce	41-00.50
11	Kasey Barth	11 Onalaska	42-01.00
12	Max Erdmann	11 Onalaska	43-04.75
13	Bennett Fried	12 La Crosse Ce	46-09.50

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Event 33 Girls Discus Throw

Meet Record: 160-10 1990		Julie Beck	
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Shae Scott	10 La Crosse Ce	65-00.50
2	Erin Perry	12 Tomah	74-03
3	Rebecca Gann	12 Sparta	81-01
4	Abby Schelfhout	12 Aquinas	82-00
5	Camren Hericks	12 Tomah	90-04
6	Alexa Komay	12 Aquinas	94-09
7	Felicity Bell	10 Aquinas	95-08
8	Greta Vianden	11 La Crosse Lo	95-11
9	Sadie Graves	12 La Crosse Lo	96-01
10	Aliyah Schieldt	10 La Crosse Ce	101-00
11	Hayden Wihlm	12 La Crosse Ce	105-06
12	Liberty Sprain	11 La Crosse Lo	117-05
13	Jadyn Roden	11 Holmen	125-08

Event 34 Boys Discus Throw

Meet Record: 209-09 5/2017		Austin Glynn	
Pos	Name	Yr School	Seed Mark
Flight 1 of 2 Finals			
1	Henry Suttie	12 Aquinas	91-02
2	Jshaun Jester	12 Tomah	100-06
3	Isaac Schumacher	12 Aquinas	101-07
4	Brady Lehnerr	12 Aquinas	102-05
5	David Bene	12 La Crosse Ce	105-08
6	Gavin Rhead	10 Sparta	107-10
7	Ty Baseman	10 Sparta	109-06
8	Oscar Moesch	11 La Crosse Lo	130-02
Flight 2 of 2 Finals			
1	Ron White	12 Holmen	130-02
2	Weston Blazek	11 Sparta	136-02
3	Jayden Brieske	11 Tomah	137-03
4	Sterling Meyer	12 La Crosse Lo	142-05
5	Colin Mosser	11 Holmen	148-00
6	Jacob Hackbarth	10 La Crosse Lo	149-03
7	Atlin Steinhoff	10 Tomah	151-11
8	Anden Schieldt	12 La Crosse Ce	158-02

Event 35 Girls Shot Put

Meet Record: 44-06.25 1990		Julie Beck	
Pos	Name	Yr School	Seed Mark
Flight 1 of 2 Finals			
1	Donna Schwabe	12 La Crosse Ce	23-04.00
2	Rebecca Gann	12 Sparta	24-11.00
3	Alexa Komay	12 Aquinas	27-06.75
4	Erin Perry	12 Tomah	28-04.00
5	Ella Boge	11 La Crosse Lo	30-05.00
6	Abby Schelfhout	12 Aquinas	30-07.00
7	Felicity Bell	10 Aquinas	31-00.50
Flight 2 of 2 Finals			
1	Brenna Schmidt	9 Holmen	31-02.00
2	Aliyah Schieldt	10 La Crosse Ce	31-07.50
3	Skylar Olson	12 La Crosse Lo	32-02.00
4	Hayden Wihlm	12 La Crosse Ce	33-01.25
5	Abby Rudrud	12 Onalaska	33-07.50
6	Liberty Sprain	11 La Crosse Lo	34-10.25
7	Camren Hericks	12 Tomah	35-01.00
8	Jadyn Roden	11 Holmen	38-03.00

Event 36 Boys Shot Put

Meet Record: 63-03 2000		Jim Nelson	
Pos	Name	Yr School	Seed Mark
Flight 1 of 2 Finals			
1	Jshaun Jester	12 Tomah	34-11.50
2	Robert Nagle	12 Sparta	36-00.50
3	Bret Schultenover	12 Sparta	36-06.50
4	Brady Lehnerr	12 Aquinas	40-10.00
5	Joseph Baranowski	11 Holmen	41-05.00
6	Travon Thompson	10 La Crosse Ce	41-07.75
7	Weston Blazek	11 Sparta	42-07.00
8	Colin Mosser	11 Holmen	42-10.00
Flight 2 of 2 Finals			
1	Jackson Flottmeyer	12 Aquinas	43-05.00
2	Christian Parcher	10 La Crosse Lo	43-08.75
3	Sterling Meyer	12 La Crosse Lo	45-06.50
4	Michael Helixon	12 Onalaska	45-11.00
5	Jayden Brieske	11 Tomah	46-00.00
6	Ron White	12 Holmen	46-03.00
7	Atlin Steinhoff	10 Tomah	47-02.50
8	Damian Lee	12 Aquinas	47-10.50
9	Anden Schieldt	12 La Crosse Ce	53-04.25

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Event 37 Mixed 100 Meter Dash Wheelchair

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
5	Wyatt Peterson	M11	La Crosse Lo	NT _____
6	Araina Roderick	W12	Sparta	NT _____

Event 38 Mixed 400 Meter Dash Wheelchair

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
5	Araina Roderick	W12	Sparta	NT _____

Event 39 Mixed 800 Meter Run Wheelchair

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Araina Roderick	W12	Sparta	NT _____

Event 40 Mixed Shot Put Wheelchair

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Wyatt Peterson	M11	La Crosse Lo	ND _____
2	Araina Roderick	W12	Sparta	ND _____