

WIAA DIVISION 1 SECTIONAL TRACK CHAMPIONSHIPS

Thursday May 26, 2022

Baraboo High School is honored to host the 2022 WIAA Sectional Championship. We recently had our track resurfaced, and know that your athletes will enjoy competing at our facility.

Field Events 4:00

Running Events 4:45

Participating Schools: Baraboo, DeForest, Holmen, La Crosse Central, Madison East, Madison Memorial, Madison West, Middleton, Mt. Horeb, Onalaska, Reedsburg Area, Sauk Prairie, Sparta, Tomah, Verona Area, Waunakee

Please familiarize yourself with the [WIAA Track & Field Tournament Regulations](#).

Admission: Tickets must be purchased in advance at www.justagametickets.com, and are \$7.00 each. JustAGame adds a \$1 service fee. Please make sure parents of participants and community members are aware of this.

Restrooms are available at the track, but locker rooms are not available. Teams should come dressed and ready to compete. Please secure clothes and valuables in team camps as we cannot be responsible for loss or theft.

¼ inch **pyramid spikes** are allowed on the track and runways. Throwing circles are cement.

Chalk will be provided to all relay zones and jumping venues. Please **no tape** on track or runways.

Restricted areas include: track infield, start/finish area, flagged/roped off event areas. Coaches and non-competing athletes need to remain outside the 4 foot perimeter fence to the track.. **Coaching boxes** will be highlighted in paint, and cones at the field events. **Team camps** can set up along the north wall of the high school, along the outside fence near pole vault runway, under the west bleachers, or on perimeter of west practice field

Warm-up area for athletes will be the practice field to the west of the track. Also the infield on the south east curve will be roped off for warm ups. There will be hurdles supplied to that area. On track warm-ups and relay exchanges can happen during the 30 minute break in running events.

ENTRIES

Top 4 finishers from Sauk Prairie and DeForest Regionals

Please make any scratches in the west press box as soon as you arrive

RUNNING EVENTS

All lanes are assigned by seed times from Regional Meets

100, 200, 400, 400 Relay, 800 Relay, High Hurdles and 300 Hurdles are 4,5,3,6,2,7,1,8

800, 1600, 3200 1600 Relay, and 3200 Relay are 1,2,3,4,5.....

FIELD EVENTS

Athletes have a **maximum of 15 minutes** from the time they are called in a **field event**, until they must make themselves **available for the next trial**.

POLE VAULT / HIGH JUMP

Competitors will be in order of qualifying heights - lowest to highest

Opening heights will be determined by the 8th seeded competitor and dropping down 2 increments

Bar will be moved 6" in PV until 6 competitors remain - the bar will be 3" thereafter

Bar will be moved 2" in HJ until 6 competitors remain - the bar will be 1" thereafter

Five Alive w/ 1-1-1 attempts will be used

LONG JUMP / TRIPLE JUMP

Competitors will be in order of qualifying distances - lowest to highest

Jumps will be 1-1-1 format

Athletes with marks in trials will advance to finals which will be re-seeded and begin after a 10 minute break. Finals will be 1-1-1 format

SHOT PUT / DISCUS

Throwing implements will be weighed in at the storage shed that is at the northwest corner of the track (nearest the throwing areas) from 3:15 - 3:50

Competitors will be in order of qualifying marks - lowest to highest

Throws will be taken in 1-1-1 format

Athletes with marks in trials will advance to finals which will be re-seeded and begin after a 10 minute break. Finals will be in 1-1-1 format

SCORING Eight place scoring for all events (10,8,6,5,4,3,2,1)

AWARDS/RESULTS

Team plaque will be given to first-place team. Individual medals will be awarded to the top three finishers in each event. Awards will be available for pickup by coaches in the press box at the completion of the meet. Results will be posted under the west bleachers, and will be emailed to coaches following the meet.

COACHES MEETING

Will be held at 3:40 on the south end of the east bleachers.

If you have vaulters competing please have **the most recent pole vault verification sheet** available to be turned in at this time.

JURY of APPEALS

We will meet at 4:00 immediately following the Coaches Meeting.

JURY OF APPEALS

- Warren Terry Starter
- Howard Jubeck Starter
- Chad Wedan Holmen Girls Coach
- Chad Kliefoth Middleton Boys Coach
- Jessa VonHaden (Alt) Tomah Girls Coach
- Andy Sherman (Alt) Sauk Prairie Boys Coach
- Jim Langkamp Meet Manager

OFFICIALS

- Keith Manke- Meet Referee
- Warren Terry - Starter
- Howard Jubeck - Starter
- Paul Becker - Field Referee

CONCESSIONS - will be available

T- SHIRTS - Sectional t-shirts will be for sale on site. Customization with name and event(s) on the back will be available to your athletes.

BUS PARKING - Please instruct your bus drivers to drop athletes off at Draper Street entrance to the track facility. They will then need to move to residential neighborhoods while our students are let out of school. Buses can return after 3:45.

WEATHER - If inclement weather occurs the meet announcer will clear the stadium and instruct all athletes and coaches to the gymnasium and spectators to the commons.

ATHLETIC TRAINER – Cody Brunclik – St. Clare Hospital - SSM Health
Location: Finish line infield

If you have any questions, please contact Jim Langkamp - Baraboo Activities Director
(608) 355-3945, Ext 2013
Cell phone: (608) 963-5326

GOOD LUCK TO ALL TEAMS!

WIAA SECTIONAL - Schedule of Events

Running Events

1600 Coed Wheelchair - 4:30

3200 Relay Girls - 4:45

3200 Relay Boys - 5:00

** Break of 30 minutes**

100 High Hurdle Finals Girls - 5:40

110 High Hurdle Finals Boys - 5:47

100 Coed Wheelchair

100 Dash Girls - 5:52

100 Dash Boys - 6:00

1600 Run Girls - 6:05

1600 Run Boys - 6:15

800 Relay Girls - 6:25

800 Relay Boys - 6:30

400 Coed Wheelchair

400 Dash Girls - 6:35

400 Dash Boys - 6:40

400 Relay Girls - 6:45

400 Relay Boys - 6:50

300 Low Hurdles Girls - 6:55

300 Intermediate Boys - 7:00

800 Run Girls - 7:10

800 Run Boys - 7:15

800 Coed Wheelchair

200 Dash Girls - 7:20

200 Dash Boys - 7:25

3200 Run Girls - 7:30

3200 Run Boys - 7:45

1600 Relay Girls - 8:00

1600 Relay Boys - 8:10

Field Events

Boys Triple Jump - 4:00

Girls Long Jump - 4:00

Boys Discus - 4:00

WC Shot Put/Girls Shot put - 4:00

Girls High Jump - 4:00

Boys Pole Vault - 4:00