

Caledonia/Spring Grove Invitational

Results

Girls 100 Meter Dash

Name	School	Finals
Finals		
1 Lexi Donarski	Aquinas	13.01 8
2 Kimmee Schmitz	Aquinas	13.75 6
3 Amber Conniff	Caledonia/S.G.	13.87 4
4 Valerie Hilby	Central	14.12 2
5 Madison Winjum	Caledonia/S.G.	14.25 1
6 Ahnika Wichelt	Central	14.28
7 Brielle Ruen	Lanesboro/F.C.	14.52
8 Eliza Welscher	Caledonia/S.G.	14.61
9 Kaylee Streeton	Central	14.82
10 Kaitlyn Bieberdorf	R-P/H	14.88
11 Ashley Schroeder	Caledonia/S.G.	14.98
12 Alida Berg	Lanesboro/F.C.	15.01
13 Maria Miller	Caledonia/S.G.	15.74
14 Isabella Lown	Aquinas	15.77
15 Angie Ellison	Central	16.25
16 Megan Holien	R-P/H	16.38

Girls 200 Meter Dash

Name	School	Finals
Finals		
1 Tiyana Harter	Central	28.57 8
2 Ahnika Wichelt	Central	29.07 6
3 Maria Schieber	Caledonia/S.G.	29.09 4
4 Rachel Ellis	Aquinas	29.74 2
5 Valerie Hilby	Central	30.21 1
6 Kaylee Streeton	Central	30.86
7 Alida Berg	Lanesboro/F.C.	30.89
8 Emma Ehlers	Central	31.39
9 Alliegh Meyer	Lanesboro/F.C.	32.39
10 Maryam Muhammad	Central	32.86
11 Heleyna Kammel	Central	33.36
12 Mai Gjere	Lanesboro/F.C.	35.15

Girls 400 Meter Dash

Name	School	Finals
Finals		
1 Maria Schieber	Caledonia/S.G.	1:04.39 8
2 Jane Pinkowski	Central	1:04.58 6
3 Ahnika Wichelt	Central	1:05.99 4
4 Kaitlin Prinsen	Lanesboro/F.C.	1:06.75 2
5 Melanie Seymour	Caledonia/S.G.	1:08.49 1
6 Jenny Albrecht	R-P/H	1:10.02
7 Avery Zahn	Caledonia/S.G.	1:14.83
8 Mai Gjere	Lanesboro/F.C.	1:18.00

Girls 800 Meter Run

Name	School	Finals
Finals		
1 Lily Nelson	Central	2:35.96 8
2 Ashley Miner	Lanesboro/F.C.	2:39.53 6
3 Kaia Adams	Central	2:40.97 4
4 Mackenzie Fellenz	Central	2:45.74 2
5 Nora Rein	Lanesboro/F.C.	3:01.42 1

6 Taryn Meyer	Caledonia/S.G.	3:03.86
7 Ellen Nelson	R-P/H	3:20.28
8 Kayla Biel	Lanesboro/F.C.	3:25.18

Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Bailey Ruen	Lanesboro/F.C.	5:46.45 8
2 Sophie Leinfelder	Central	5:53.79 6
3 Sara Brekke	Central	5:55.03 4
4 Angela Ellis	Aquinas	5:56.26 2
5 Megan Degenhardt	Central	6:03.30 1
6 Emily Didier	R-P/H	6:23.65
7 Grace Springer	Lanesboro/F.C.	6:41.07
8 Giselle Fisher	Aquinas	7:16.54

Girls 3200 Meter Run

Name	School	Finals
Finals		
1 Ally Klingelhofer	Central	12:45.37 8
2 Lakhia McCallson	Central	14:16.62 6
3 Sophia Herling	Central	14:20.69 4
4 Nell Himlie	R-P/H	15:25.13 2

Girls 100 Meter Hurdles

There were no times available for this race.
 Finish places verified off of the video.
 All the 20.0h times were entered because the software doesn't allow for manual placings without a time.

Name	School	Finals
Finals		
1 Kali Goodwin	Central	20.0h 8
2 Olivia Hoff	R-P/H	20.0h 6
3 Tiyana Harter	Central	20.0h 4
4 Megan Holien	R-P/H	20.0h 2
5 Alison Freese	Lanesboro/F.C.	20.0h 1
6 Ayla McNeill	R-P/H	20.0h

Girls 300 Meter Hurdles

Name	School	Finals
Finals		
1 Alison Freese	Lanesboro/F.C.	1:03.13 8

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Lanesboro/F.C.		54.26 8
1) Alida Berg	2) Ashley Miner	
3) Alliegh Meyer	4) Emma Breitsprecker	
2 La Crosse Central		54.66 6
1) Kali Goodwin	2) Nikki Goodwin	
3) Valerie Hilby	4) Tiyana Harter	
3 Caledonia/S.G.		55.79 4
1) Amber Conniff	2) Kaitlin Conniff	
3) Haley Jennings	4) Rachel Welsh	
4 La Crosse Aquinas		58.53 2
1) Megan Watt	2) Isabella Lown	
3) Emma O'Flaherty	4) Tessa Gundersen	

Caledonia/Spring Grove Invitational

Results

Finals ... (Girls 4x100 Meter Relay)

Team	Relay	Finals
5 La Crosse Central	B	1:00.67
1) Angie Ellison	2) Makayla Marsolek	
3) Esme Moon	4) Maryam Muhammad	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Caledonia/S.G.		1:55.12 8
1) Amber Conniff	2) Kaitlin Conniff	
3) Rachel Welsh	4) Maria Schieber	
2 R-P/H		1:58.40 6
1) Jenny Albrecht	2) Olivia Hoff	
3) Ashley Agrimson	4) Kjersta Hinz	
3 La Crosse Central		1:59.83 4
1) Emma Ehlers	2) Maryam Muhammad	
3) Julia Gasper	4) Kaylee Streeton	
4 La Crosse Central	B	2:12.31
1) Makayla Marsolek	2) Angie Ellison	
3) Heleyna Kammel	4) Esme Moon	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Lanesboro/F.C.		4:22.08 8
1) Emma Breitsprecker	2) Kaitlin Prinsen	
3) Brielle Ruen	4) Bailey Ruen	
2 La Crosse Central		4:33.96 6
1) Jane Pinkowski	2) Sara Brekke	
3) Megan Degenhardt	4) Kaia Adams	

Girls High Jump

Name	School	Finals
Finals		
1 Lexi Donarski	Aquinas	5-04.00 8
2 Kjersta Hinz	R-P/H	5-00.00 6
3 Kali Goodwin	Central	4-10.00 4
4 Alliegh Meyer	Lanesboro/F.C.	4-06.00 2
5 Haley Jennings	Caledonia/S.G.	4-06.00 1
6 Lauren Lawston	R-P/H	4-04.00
7 Nikki Goodwin	Central	4-04.00
8 Kaitlyn Bieberdorf	R-P/H	4-02.00
9 Rachel Welsh	Caledonia/S.G.	4-00.00
10 Maria Miller	Caledonia/S.G.	3-10.00
11 Ella Anderson	Lanesboro/F.C.	3-10.00

Girls Pole Vault

Name	School	Finals
Finals		
1 Ashley Miner	Lanesboro/F.C.	8-00.00 8
2 Kjersta Lind	R-P/H	7-00.00 6
3 Alison Freese	Lanesboro/F.C.	6-06.00 4
4 Olivia Hoff	R-P/H	6-00.00 2
5 Esme Moon	Central	5-06.00 1
--- Emma Ehlers	Central	NH
--- Makayla Marsolek	Central	NH

Girls Long Jump

Name	School	Finals
Finals		
1 Tiyana Harter	Central	15-01.00 8
2 Madison Winjum	Caledonia/S.G.	14-03.75 6
3 Kjersta Hinz	R-P/H	13-10.50 4
4 Jenny Albrecht	R-P/H	13-06.50 2
5 Alliegh Meyer	Lanesboro/F.C.	13-06.00 1
6 Lauren Lawston	R-P/H	13-03.75
7 Rachel Ellis	Aquinas	12-11.00
8 Julia Gasper	Central	12-10.00
9 Emma O'Flaherty	Aquinas	12-08.00
10 Isabella Lown	Aquinas	12-06.25
11 Maryam Muhammad	Central	11-08.25
12 Casey Porter	R-P/H	11-04.50
13 Kaylee Streeton	Central	11-03.50
14 Heleyna Kammel	Central	10-11.00
15 Esme Moon	Central	10-05.75

Girls Triple Jump

Name	School	Finals
Finals		
1 Ashley Agrimson	R-P/H	33-01.25 8
2 Kaitlyn Bieberdorf	R-P/H	31-05.25 6
3 Nikki Goodwin	Central	30-01.25 4
4 Julia Gasper	Central	29-00.50 2
5 Taryn Meyer	Caledonia/S.G.	24-07.25 1

Girls Shot Put

Name	School	Finals
Finals		
1 Nicole Blagsvedt	R-P/H	36-06.00 8
2 Abbi Stafslie-Dumale	Central	32-10.00 6
3 Jordyn Holland	R-P/H	32-04.00 4
4 Allie Olson	Central	29-09.50 2
5 Libby Hlavacka	Aquinas	28-03.00 1
6 Jillian Davis	Central	27-02.00
7 Kaleah Davis	R-P/H	26-07.00
8 Jenny McLain	Central	23-08.50
9 Sydney Taylor	Lanesboro/F.C.	23-02.50
10 Ashlyn Guenther	Lanesboro/F.C.	23-01.50
11 Sonya Schoonover	R-P/H	23-01.00
12 Josie Semmen	Lanesboro/F.C.	22-07.00
13 Lexie Johnson	Lanesboro/F.C.	22-05.00
14 Kaitlyn Koll	Central	22-03.50
15 Mari Stafslie-Dumale	Central	22-03.00
16 Katy Zimmerman	Central	22-02.50
17 Peighton Prestonment	Lanesboro/F.C.	21-06.50
18 Sidney Paulson	Aquinas	21-04.00
--- Elif Ozean	Lanesboro/F.C.	X24-07.50

Girls Discus Throw

Name	School	Finals
Finals		
1 Nicole Blagsvedt	R-P/H	106-05 8
2 Jordyn Holland	R-P/H	105-05 6

Caledonia/Spring Grove Invitational

Results

Finals ... (Girls Discus Throw)

Name	School	Finals
3 Abbi Stafslie-Dumale	Central	86-05 4
4 Allie Olson	Central	81-08 2
5 Ashlyn Guenther	Lanesboro/F.C.	76-11 1
6 Lexie Johnson	Lanesboro/F.C.	75-04
7 Libby Hlavacka	Aquinas	73-09
8 Kaleah Davis	R-P/H	72-11
9 Josie Semmen	Lanesboro/F.C.	71-10
10 Jillian Davis	Central	70-04
11 Mari Stafslie-Dumale	Central	69-08
12 Sonya Schoonover	R-P/H	65-03
13 Peighton Prestonment	Lanesboro/F.C.	60-08
14 Kaitlyn Koll	Central	56-04
15 Sidney Paulson	Aquinas	56-00
16 Jenny McLain	Central	53-02
17 Katy Zimmerman	Central	53-01
18 Sydney Taylor	Lanesboro/F.C.	50-03
--- Elif Ozean	Lanesboro/F.C.	X58-07

Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Austin Steele	Central	11.52 8
2 Mitchel Bechtel	Caledonia/S.G.	11.74 6
3 Ben McCabe	Caledonia/S.G.	11.97 4
4 Ezekiel Ott	Caledonia/S.G.	12.23 2
5 Cullen Patterson	Caledonia/S.G.	12.27
6 Noah Snell	Caledonia/S.G.	12.28
7 McCoy Tekautz	R-P/H	12.40 1
8 Nick Cambio	Aquinas	12.47
9 Rayhan Siddiqui	Central	12.67
10 Carson Kiehne	Lanesboro/F.C.	12.69
11 Kaden Gruber	Central	12.90
12 Ethan Jacobson	Caledonia/S.G.	12.92
13 Nathanael Betz	Lanesboro/F.C.	13.17
14 Tony Wu	Aquinas	13.28
14 Austin Heaney	Caledonia/S.G.	13.28
16 Marquise Ihle	Central	13.36
17 Cole Kronebusch	Caledonia/S.G.	13.42
18 Domanic Merkel	Lanesboro/F.C.	13.56
19 Jarrett Netzer	Central	13.58
20 Joab Brever	Central	13.60
21 Jonathon Smith	R-P/H	13.82
22 Brendon Honken	R-P/H	13.87
23 Jacob Johanson	R-P/H	13.88
24 Anthony Fimple	Central	13.90
25 Keng Xiong	Central	14.91
26 Jordan Jaster	Caledonia/S.G.	15.19
27 Eric Myhre	Caledonia/S.G.	15.97

Boys 200 Meter Dash

Name	School	Finals
Finals		
1 Noah Carlson	R-P/H	22.76 8
2 Austin Steele	Central	23.59 6
3 Nick Cambio	Aquinas	24.66 4

4 Sam Bahr	Central	24.86 2
5 Carson Kiehne	Lanesboro/F.C.	25.29 1
6 Syamil Muhamad	Lanesboro/F.C.	26.43
7 Kaden Gruber	Central	26.46
8 Lucas Odegarden	Central	26.99
9 Nathanael Betz	Lanesboro/F.C.	27.03
10 Luke Schneider	Caledonia/S.G.	27.44
11 Gavin Reese	Central	27.53
12 Jarrett Netzer	Central	27.56
13 Joab Brever	Central	27.99
14 Marquise Ihle	Central	28.05
15 Zeke Smith	Central	29.83
16 Travis Mensink	R-P/H	31.65

Boys 400 Meter Dash

Name	School	Finals
Finals		
1 Marten Morem	Caledonia/S.G.	57.25 8
2 Gabe Bryant	Central	58.41 6
3 Luke Schneider	Caledonia/S.G.	1:00.65 4
4 Frank Ochtrup-DeKeyrel	Lanesboro/F.C.	1:01.85 2
5 Anton Bruley	Central	1:04.82 1
6 Carter Rasmussen	Lanesboro/F.C.	1:05.55

Boys 800 Meter Run

Name	School	Finals
Finals		
1 Connor Stenslien	Central	2:06.97 8
2 Jack Richter	Central	2:11.27 6
3 Zachary DeGroot	Aquinas	2:18.71 4
4 Bryan DeWitt	Caledonia/S.G.	2:20.48 2
5 Emmett Burgos	Central	2:32.93 1
6 Dylan Payne	R-P/H	2:34.86
7 Ian McNeill	R-P/H	2:35.63
8 Zach Torgerson	Lanesboro/F.C.	2:35.76
9 Ricky Buchanan	R-P/H	2:50.14
10 Harlee Wead	Lanesboro/F.C.	3:09.13
11 Roy Kerrigan	Caledonia/S.G.	3:09.53

Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Jack Richter	Central	4:52.02 8
2 Dylan Linder	R-P/H	4:59.76 6
3 Ahmad Jandal	Central	5:03.43 4
4 Dominic Jenkins	R-P/H	5:06.70 2
5 Peter Glodosky	Aquinas	5:20.91 1
6 Jakob Zhovtis	Aquinas	5:22.98
7 Brady Dutton	Lanesboro/F.C.	5:44.50
8 Aaron Eversole	Lanesboro/F.C.	5:51.51
9 Thomas Clements	Central	5:51.64

Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Ethan Gregg	Aquinas	10:37.33 8
2 Matthew Lutes	Lanesboro/F.C.	11:05.46 6

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Results

Finals ... (Boys 3200 Meter Run)

Name	School	Finals
3 Zach Dickmeyer	Central	11:27.55 4
4 Connor Ruen	Lanesboro/F.C.	11:52.21 2

Boys 110 Meter Hurdles

Name	School	Finals
1 Branden Chapel	R-P/H	17.91 8
2 Brian Popp	Central	18.42 6
3 Matt Johnson	Central	18.79 4
4 Ben Beckman	R-P/H	20.46 2
5 Matthew Eversole	Lanesboro/F.C.	22.16 1

Boys 300 Meter Hurdles

Name	School	Finals
1 Triton Meldahl	R-P/H	45.96 8
2 Connor Ruen	Lanesboro/F.C.	47.83 6
3 Ethan Zahn	Caledonia/S.G.	49.43 4
4 Ben Beckman	R-P/H	51.50 2
5 Matthew Eversole	Lanesboro/F.C.	54.53 1
6 Jeremy O'Connor	Lanesboro/F.C.	57.06

Boys 4x100 Meter Relay

Team	Relay	Finals
1 Caledonia/S.G.		45.52 8
1) Ben McCabe	2) Ezekiel Ott	
3) Mitchel Bechtel	4) Cullen Patterson	
2 Caledonia/S.G.	B	47.58
1) Nick McCabe	2) Jack Beardmore	
3) Ethan Jacobson	4) Noah Snell	
3 R-P/H		49.75 6
1) Nathan Wick	2) Alex Van Gundy	
3) Triton Meldahl	4) Jacob Paulson	
4 Lanesboro/F.C.		51.42 4
1) Syamil Muhamad	2) Domanic Merkel	
3) Brady Johnson	4) Zach Torgerson	
5 La Crosse Central		52.53 2
1) Anthony Fimple	2) Keng Xiong	
3) Joab Brever	4) Zeke Smith	
6 La Crosse Central	B	52.69
1) Gavin Reese	2) Lucas Odegarden	
3) . Muntzenberger	4) Andrew Winkers	

Boys 4x200 Meter Relay

Team	Relay	Finals
1 Caledonia/S.G.		1:36.62 8
1) Ben McCabe	2) Ezekiel Ott	
3) Mitchel Bechtel	4) Cullen Patterson	
2 La Crosse Central		1:41.13 6
1) Connor Stenslien	2) Matt Johnson	
3) Brian Popp	4) Sam Bahr	

3 La Crosse Central	B	1:46.83
1) Anton Bruley	2) Anthony Fimple	
3) Rayhan Siddiqui	4) Jack Giese	
4 Lanesboro/F.C.		1:48.07 4
1) Syamil Muhamad	2) Brady Johnson	
3) Frank Ochtrup-DeKeyrel	4) Carter Rasmussen	
5 R-P/H		1:48.87 2
1) Riley Koop	2) Branden Chapel	
3) Corbin Flynn	4) Jonathon Smith	
--- Caledonia/S.G.	B	DQ
1) Nick McCabe	2) Noah Snell	
3) Ethan Jacobson	4) Jack Beardmore	

Boys High Jump

Name	School	Finals
1 Frank Ochtrup-DeKeyrel	Lanesboro/F.C.	5-06.00 8
2 Marten Morem	Caledonia/S.G.	5-06.00 6
3 Will Allen	Central	5-02.00 4
--- Tony Wu	Aquinas	NH

Boys Pole Vault

Name	School	Finals
1 Chase Penzkover	Central	10-06.00 8
2 Greysen Higbe-Harrah	Lanesboro/F.C.	9-06.00 6
3 Riley Koop	R-P/H	9-00.00 4
4 Corbin Flynn	R-P/H	8-06.00 2
5 Caleb Kunz	Lanesboro/F.C.	8-06.00 1
6 Carlos Horton	R-P/H	8-00.00
7 John Luhmann	R-P/H	7-06.00
8 Carter Rasmussen	Lanesboro/F.C.	7-00.00
--- Charlie Winkers	Central	NH
--- Collin Dickman	Central	NH

Boys Long Jump

Name	School	Finals
1 Ben Richmond	Central	20-00.75 8
2 Mitchel Bechtel	Caledonia/S.G.	18-08.00 6
3 Nathan Wick	R-P/H	17-10.25 4
4 Nick Cambio	Aquinas	17-07.00 2
5 Jacob Paulson	R-P/H	17-06.75 1
6 Bryan DeWitt	Caledonia/S.G.	17-05.50
7 Frank Ochtrup-DeKeyrel	Lanesboro/F.C.	17-02.00
8 Alex Van Gundy	R-P/H	16-09.00
9 Malcolm Young	Central	16-03.00
10 Connor Ruen	Lanesboro/F.C.	16-01.75
11 Sam Bahr	Central	15-05.50
12 Mihail Yankov	Central	15-05.00
13 Jonathon Smith	R-P/H	13-00.75
14 Keng Xiong	Central	11-05.50

Boys Triple Jump

Name	School	Finals
1 Noah Carlson	R-P/H	48-00.00 8

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Results

Finals ... (Boys Triple Jump)

Name	School	Finals	
2 Ben Richmond	Central	42-05.00	6
3 Will Allen	Central	39-10.00	4
4 Triton Meldahl	R-P/H	38-01.50	2
5 Chase Penzkover	Central	36-03.50	1
6 Mihail Yankov	Central	35-07.25	
7 Ben Beckman	R-P/H	31-02.25	

Boys Shot Put

Name	School	Finals	
1 Cullen Olson	R-P/H	41-06.50	8
2 Ezekiel Ott	Caledonia/S.G.	40-09.50	6
3 Ben Miller	Central	39-11.00	4
4 Jack Horihan	Aquinas	39-00.50	2
5 Josh Edwards	Central	38-11.00	1
6 Nick McCabe	Caledonia/S.G.	38-08.50	
7 Jordan Jaster	Caledonia/S.G.	38-08.00	
8 Max Woods	Central	38-01.00	
9 Taylor Neubauer	Central	36-08.00	
10 Cameron Johnson	R-P/H	34-01.50	
11 Taylor Holtey	Caledonia/S.G.	34-01.00	
12 Alec Morris	Central	33-05.00	
13 Mitch Komay	Aquinas	33-04.00	
14 Riley Cambern	Lanesboro/F.C.	32-05.50	
15 Domanic Merkel	Lanesboro/F.C.	32-01.50	
16 Noah DeGroot	Aquinas	31-05.00	
17 Brady Rosendahl	Caledonia/S.G.	30-10.00	
18 Will Monk	Central	30-06.50	
19 Andrew Winkers	Central	30-01.00	
20 Joe Gathje	Lanesboro/F.C.	29-07.00	
21 Jackson Wemette	Central	29-06.00	
22 Jordan Vande Zande	R-P/H	29-04.50	
23 Alex Wallin	Central	29-00.50	
24 Matt Nelson	R-P/H	28-05.00	
25 Brett Betthausen	R-P/H	28-00.00	
26 Julian Goldstein	Central	27-00.50	
27 Stefan Nikolowski	Lanesboro/F.C.	25-04.00	
28 Michael Barrett	Lanesboro/F.C.	24-02.50	

Boys Discus Throw

Name	School	Finals	
1 Grant Sanger	Central	151-08	8
2 Taylor Holtey	Caledonia/S.G.	126-01	6
3 Cullen Olson	R-P/H	120-08	4
4 Jordan Jaster	Caledonia/S.G.	111-10	2
5 Max Woods	Central	104-10	1
6 Jack Horihan	Aquinas	102-07	
7 Ben Miller	Central	99-04	
8 Cameron Johnson	R-P/H	98-04	
9 Josh Edwards	Central	90-05	
10 Matt Nelson	R-P/H	88-08	
11 Will Monk	Central	88-07	
12 Brady Rosendahl	Caledonia/S.G.	88-04	
13 Joe Gathje	Lanesboro/F.C.	86-09	

14 Alec Morris	Central	86-03
15 Taylor Neubauer	Central	71-10
16 Charlie Langeberg	Aquinas	71-09
17 Stefan Nikolowski	Lanesboro/F.C.	71-01
18 Jordan Vande Zande	R-P/H	70-03
19 Andrew Winkers	Central	69-11
20 Michael Barrett	Lanesboro/F.C.	69-05
21 Brett Betthausen	R-P/H	67-09
21 Noah DeGroot	Aquinas	67-09
23 Riley Cambern	Lanesboro/F.C.	65-07
24 Jackson Wemette	Central	57-11
25 Alex Wallin	Central	57-00
25 Julian Goldstein	Central	57-00

Women - Team Rankings - 17 Events Scored

1) La Crosse Central	131
2) Rushford-Peterson/Houston	76
3) Lanesboro/Fillmore Central	58
4) Caledonia/Spring Grove	38
5) La Crosse Aquinas	29

Men - Team Rankings - 16 Events Scored

1) La Crosse Central	117
2) Rushford-Peterson/Houston	78
3) Caledonia/Spring Grove	72
4) Lanesboro/Fillmore Central	42
5) La Crosse Aquinas	21