



**Wyatt Anderson, M.S.**  
**MS/HS Associate Principal & Athletic Director**  
756 Raider Drive - Arcadia, WI 54612  
andersonw@arcadia.k12.wi.us  
O: 608-323-3315 ext. 3132 | C: 715-495-0253

## FREDRICKSON-SONNENTAG INVITATIONAL ORDER OF EVENTS

**3:15 COACHES MEETING (Under press box)**

**3:30 GIRLS POLE VAULT FOLLOWED BY BOYS**

**4:00 OTHER FIELD EVENTS**

- Girls Shot followed by Boys
- Boys Discus followed by Girls
- Long & Triple Jump
  - o 4 Jumps
  - o No Finals
  - o Cafeteria Style (4:00 - 5:30)
- Girls and Boys High Jumps
  - o Boys - Blue Pit
  - o Girls - Red Pit

**4:15 RUNNING**

- 3200 meter relay

**TRIALS**

- 100 / 110 m High Hurdles
- 100 m Dash

**15 Minute Break**

**FINALS**

- 100/110 m Hurdles
- 100 m Dash
- 1600 m Run
- 800 m Relay
- 400 m Dash
- 400 m Relay
- 300 m Hurdles
- 800 m Run
- 200 m Dash
- 3200 m Run
- 1600 m Relay

**AWARDS PRESENTATION**

- Team Trophies: 1st place and Runner-Up**
- Girl and Boys MVP Awards**
- 1st and 2nd Place Medals**